



## **Student's information regarding Back in Motion clinics.**

**Back in Motion Physiotherapy is offering a physiotherapy service at your school for injury assessment and treatment.**

The process involved is as follows:

### **1. Appointments**

- Appointments are made by following the link, provided by OGHS, to the Physiotherapy Booking Form, on Google Docs.
- Your first appointment (assessment) will be 40 minutes duration and follow up appointments are 20 minutes duration.
- If under 16 years of age, please collect the consent and ACC form from the school office and take this home for your parents to read and sign.
- A text reminder will be sent out the day before the physio appointment.
- Please turn up on time.

### **2. Physiotherapy Charges**

- **ACC                      Assessment – No Charge; Follow Up Appointment No Charge**
- **Non ACC              Assessment \$54.00; Follow Up Appointment \$43.00**
- Back in Motion will send an invoice to your home address each month, for any physiotherapy sessions attended in that month.

### **3. Staffing**

- Back in Motion will provide a female physiotherapist to staff the clinic.

### **4. What to wear**

- Could you please bring appropriate clothing such as shorts, a T-shirt or singlet.
- Treatment gowns and covers will also be available.

## 5. The legal stuff

- You will be given a patient information sheet to read outlining your rights as a patient. This includes giving informed consent and/or having a chaperone present.

## 5. What if you just don't know?

- If you are not sure about all this you can take the form home to your parents/caregiver to discuss it.
- Our phone number will be on the form for your parents/caregiver to contact us if they wish too.

## 6. ACC

- This form is also an ACC declaration that you sign to tell ACC what has happened and how you received your injury.
- If you are under 16 you will need your parent or guardian to sign the ACC form.
- The form says you agree to share this information to a third party. This third party is ACC they gather information for their records and sometimes ask for the notes that we take to be sent to them.
- If you don't understand this ask your Physiotherapist for explanation and talk it over with your parents/caregiver.
- Please take a photo of both sides of the form and email to Mary at [mornington@backinmotion.co.nz](mailto:mornington@backinmotion.co.nz).

## 7. Confidentiality

- Any information given to the Physiotherapist is treated as confidential. This means any of your health details are kept only with the Physiotherapist and the ACC and not disclosed with any other person unless you consent is obtained.

**We are more than happy to answer any questions you may have regarding an old injury or any ongoing aches and pains on (03) 4530 523 😊**