



Orienteering

Practise for Canterbury Schools.



3 Practise Sessions leading up to Canterbury Schools Orienteering Festival

- **Wed 30 March at Ferrymead Park - Heathcote - 3.30pm**
(Meet in the car park by Heathcote Cricket Club off Bridle Path Rd)
- **Wed 6 April at St Martins School – 3.30pm**
(Come in the main entrance and find us)
- **Wed 13 April at Beckenham School – 3.30pm**
(Come in the main entrance and find us)

Coaching from 3.30pm to about 4pm then head out to run a course.

COST: \$5 per runner from 3.30pm
\$3 per runner from 4.00pm



No experience necessary, you just have to enjoy being outside and enjoy running and finding your way with a map in a familiar environment.

Contact Christina Freeman to RSVP attendance so that we will have enough maps for all:

Email: dendron@xtra.co.nz, Ph/txt: 027 220 4297