



# Queen's Aerobics

**NOW ACCEPTING NEW ENROLLMENTS!**

Our term 4 'have a go' lessons run from  
**14 November - 12 December 2021**

- Accepting students aged year 4 +
- Lessons take place at QHS, Sunday's 2:30-3:30, \$80.00 term fee
- Gymnastics, dance, or previous sport aerobics experience is recommended
- Lessons are collaborative, inclusive and engaging! Learn basic sport aerobics movement, BIG focus on improving fitness, flexibility, strength and coordination

Don't miss out. Sign up today!

**CONTACT US FOR MORE INFO**

***queensaerobics@gmail.com***