



Karakia mō te tīmatanga (to start a kaupapa or hui)

This can be used at the beginning of Period 1

Karakia: Whakataka te hau

Whakataka te hau ki te uru
Whakataka te hau ki te toka
Kia mākinakina ki uta
Kia mātaratara ki tai
E hī ake ana te atakura
He tio, he huka, he hau hū
Tīhei mauri ora!

The wind swings to the west then turns to the south, settles down.

Making it prickly cold inland

Making it piercingly cold at sea

The glowing morning will rise on ice, on snow, on frost.

To recite a karakia - 'Tākina te karakia'



Karakia mō te kai (before eating food)

This can be used at the end of Period 4

Karakia: Nau mai e kā hua

Nau mai e kā hua
O Papatūānuku
O Rakinui kete kai
Whītiki kia ora!
Haumi e, Hui ē, Tāiki ē!

*Bring on the fruits/foods
Of the earth
Of the sky
Bound together to sustain us
Draw together! Affirm!*

To recite a karakia - 'Tākina te karakia'



Karakia whakamutunga (to close a hui)

This can be used at the end of Period 5

Karakia: Unuhia

Unuhia, Unuhia

Unuhia ki te uru tapu nui

Kia wātea,

kia māmā te **kākau**, te tinana

te wairua i te ara **takata**

Koia rā e **Roko**, whakairia ake ki **ruka**

Tūturu whakamaua kia tina! **Tina!**

Hui e! **Tāiki e!**

Draw upon, draw upon,

Draw on the supreme sacredness

*To clear, to free the heart, the body and the spirit of
mankind*

Roko, suspended high above

Secure it,

Draw together! Affirm!

To recite a karakia - 'Tākina te karakia'



Sources:

Te Ahu o Te Reo Māori ki Ngāi Tahu
Te Honoka - tehonoka.ac.nz

Te Aka (Māori Dictionary)

Papatūānuku

1. (personal name) *Earth, Earth mother and wife of Rangi-nui - all living things originate from them.*

Rangi-nui

1. (personal name) *atua of the sky and husband of Papa-tū-ā-nuku, from which union originate all living things.*

Rongo

1. (personal noun) *Saturn - the sixth planet from the sun, circled by a system of broad flat rings.*

To recite a karakia - 'Tākina te karakia'