Early next term we will be taking a small group of students to Dive Otago and beyond to participate in a two day snorkelling course. Dive Otago will be running this course. This is the first time this has been offered at Tahuna. The first 18 students that pay and return all paperwork will be offered places in the first course (subject to suitability ie. behaviour). We will try run a second course next term if we have too many students.

Dates

Friday 6th May 9am start Friday 13th May 9am start

<u>Cost - (Discounted)</u> \$80 please make payment at the school office

What students need?

A great attitude!

Togs & a towel - all gear will be provided

Morning tea & a drink

PADI Discover Snorkelling Adventure

A great advanced snorkelling skills course and introduction to our local marine environment. The PADI Snorkelling Adventure is the perfect option to go beyond the pool and experience aquatic life in the snorkeller's local environment. Snorkelling in the ocean opens up options such as marine life identification, photography, videography, exploration for artifacts and participating in research activities. During the course students will learn about snorkelling specific equipment and the physiological effects of water pressure on the body. In the pool students will practise entries and exits, use the buddy system and complete surface dives. They will learn rescue techniques such as the buddy tow, cramp release on self and buddy, emergency release of weight belt to gain buoyancy as well as duck dive and snorkel clearing methods. In the ocean students will utilise the skills learned in the pool as well as assessing environmental conditions and hazards at the dive site.

PADI Discover Scuba Diving

This is a great experience for students to have a go at scuba diving in the comfort of our heated dive pool! First up students will complete a short orientation and safety briefing in one of our classrooms. It is here they will learn about the scuba diving equipment they will be using and what happens to their bodies when breathing underwater. We will then head downstairs to get fitted into wetsuits and scuba equipment. Once everyone is ready, it's time to jump into our diving pool. We start in the shallow end and introduce students nice and slowly to the exhilarating experience of breathing underwater. Once they are comfortable here, it's off to the deep end to complete their first ever confined water scuba dive!

Email Roddy Scoles - roddyscoles@tahuna.school.nz if you have any questions.