

Senior School Athletics - Monday 6th November

Rain Day: Thursday 9th November

Dear Parents/Caregivers,

The senior athletics sports is taking place at Walker Park on Monday 6th November. We will be travelling to and from Walker Park by bus.



Your child will need...

- Sun block
- Bucket hat
- Drink and lots of food to keep them going
- Sensible clothing to compete in-shorts & t-shirt
- Warm clothing too - sweat shirt, rain jacket, sports shoes.

Walker Park can be miserable if the weather is cool or windy.



The athletics will start at 9:30am and finish approx 2:15pm. Your child will compete in 100m and 200m sprints,

shot put, long jump and high jump. The 800m race and relays are optional and open to anybody who wants to compete. Children will participate in age-groups, based on their age as at 22 November 2017.

Following the sports, we will be selecting a team to represent Westmere School at the Inner City Interschool Championships on the 22th November.

We would be very grateful if parents could come and help out. We need help with setting up, placings for the sprints, help with high jump, long jump, shot put, recording results etc. It would be great if parents were also willing to assist with a range of inclusive activities alongside the other events.

If you can assist, please complete the form below and return it to school by Wednesday 1st November.

On Athletics day, please meet Terry for a briefing at Walker Park at 9am.

We will be setting up the field from 8:15am. If any parents can come and help with this, and with packing up at the end it would be appreciated.

An **approximate** timetable for the day is on the back of this notice.

If we have to postpone the event it will be posted on the homepage of the school website by 7:30am on the morning of the event.

Hope to see you there.

Kind regards,

Jason, Marcela, Mike, Sarah, Sophie, Te Mete, Terry and Waina

Please return to Terry in LS7 as soon as possible.

I am able to assist at athletic sports by _____

Child's Name: _____

Studio: _____

Parent's Name: _____

Mobile Phone: _____

Please note that this timetable is designed as a **broad guide** for you. Times are **approximate only** based on our best estimates. We will endeavour to stay close to the schedule but please understand that this may not always be possible.

	Shot Put	100m Sprints	High Jump	Cross Fit Challenge	Long Jump	200m Sprints
9:30 800m races Open Event						
9:50-10:30	10yr old girls	9yr old girls	10yr old boys	9yr old boys	11yr old boys	11yr old girls
10:30-11:10	11yr old girls	10yr old girls	9yr old girls	10yr old boys	9yr old boys	11yr old boys
11:10-11:50	11yr old boys	11yr old girls	10yr old girls	9yr old girls	10yr old boys	9yr old boys
11:50-12:30	9yr old boys	11yr old boys	11yr old girls	10yr old girls	9yr old girls	10yr old boys
12:30-1:10	10yr old boys	9yr old boys	11yr old boys	11yr old girls	10yr old girls	9yr old girls
1:10-1:50	9yr old girls	10yr old boys	9yr old boys	11yr old boys	11yr old girls	10yr old girls
1:50-2:15 Class relays						