

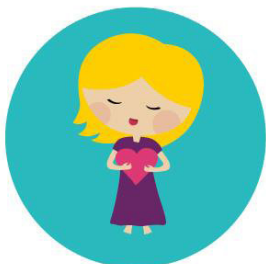


John  
McGlashan  
College  
DUNEDIN NEW ZEALAND

## Parent Seminar “Adventures with Grief; A mum and son’s experience”

Wednesday 11 April 7pm

Nic Russell is the brains behind Kenzie’s Gift, New Zealand’s leading charity committed to improving the emotional well-being and mental health of children, young people and their families affected by serious illness or bereavement. Their vision is one where New Zealand promotes and nurtures good mental health and emotional well-being for all families affected by serious illness or bereavement within the family. Together with her son Conor , Nic will be running a workshop for Year 12 and 13 students on Wednesday afternoon. This parent seminar then dovetails into that, opening channels of communication.



**Kenzie's Gift**  
Healthy Minds, Happy Hearts