## Sponsored by St Bede's College Old Boys Association

## **MY FUTURE SELF**

Year 13 Breakfast Thursday 25th May, 8am –Dowling Dining Room

Engage with, and be inspired by our Old Boys, as they share their career journeys and experiences.



## 'Engage' 1 - UNDERSTANDING THE INFLUENCE OF PERSONALITY ON CAREER CHOICE

- Personality assessment activity using introduction to Myers Briggs Type Indicator®
- Discover personal preferences for where you get your energy from, how you take in information; the way you make decisions around that information and how you approach your commitments.
  - Connect preferences to the working world highlighting career clusters, work environments and components of work.