# Tuakana Teina



20.5.20

## Karakia Timatanga

Horahia te marino

Kia aio te rā

Manaakitia mai

mātou

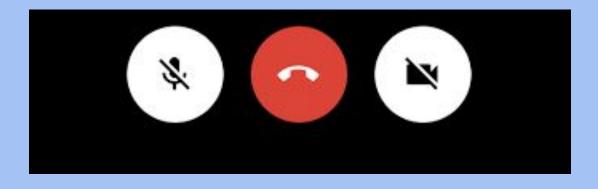
i ā mātou mahi

mō tēnei rā

Tihei mauriora!

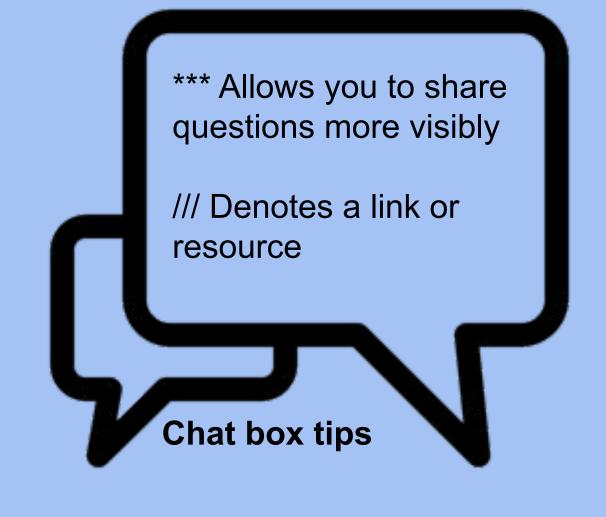


May peace be widespread to bring calm to the day ahead
Bless all tasks which lay before vs
Let there be life!



Please <u>mute</u> your microphone





# Recorp from



#### Return to school reflection.

Made with an aura of mystery

Linking in with Colleagues across the country - Zoom meetings have been great.

#### Review lockdown with the kids

Lessons Learnt in Lockdown

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(Agent total)

Publish Wheel

2020 COVID19 - Lessons Learnt.p... by Mark Osborne google drive Use these 3 stages for transitioning - hear the language of gratitude and resilience



Transitioning Back to School Transitioning Back to School As w... cognitioneducation

#### Calm

Not to feel pressure and BAU

Ease out of the digital world

Safe, normal/familiar.
Routines are important.
Talk and connect to classmates.
Opportunities to communicate with each other. Getting back with friends. Be responsive to needs of children. If happy once initial 'talk' is over then get back to 'normal' class routines.

Staff wellbeing - model looking after each other which the children will see and pick up on.

Te Whare Tapa Wha - wellbeing document by Mason Durie. (ERO useful wellbeing resources) https://www.ero.govt.nz/publi cations/wellbeing-for-success-a-resource-for-schools/useful-wellbeing-resources/ https://www.teritotoi.org/

Another Doc for looking at

wellbeing

Smaller groups, mix of digital connection and face to face.

Students feel secure and safe

Lots of time settle with each other again. Circle time, zones of regulations

Kind and calm

Voices, posture, spaces

Positive resilient language

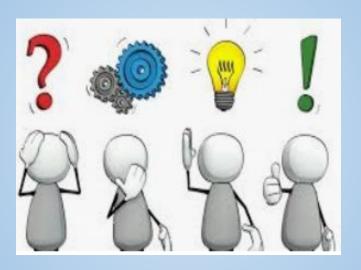
When kids say we can't have assemblies - add the word yet! Look for the silver linings of lockdown.

#### Collaborative redesign

With the students, taking the time to draw out responses that may not even know yet.

When our tamariki return to school, what do we want them to feel, see and hear? What's something that you miss that surprises you?

What's something that you don't miss that surprises you?



What's the best thing that happened to you today?

# Question 1. Padlet

What are your deliberate acts or strategies to build resilience?









#### Building Resilience in Children – 20 Practical, Powerful Strategies (Backed by Science)

Posted by Karen Young Like BEK 0 views

Strategies for building resilience



Question 2.

# WHAT WOULD YOU LIKE THE NEW NORM TO BE?



 In the chat box please share your thoughts on continuing this group in some format.

(see answers below)

Kia Ora

### Question 2.

# Crowdsourcing

What should I add?



Links, copies of resources, wellbeing ideas... things we could share with our colleagues, our ākonga, our school communities.



Karakia Whakamutunga

Whakairia te tapu Kia watea ai te ara Kia turuki whakataha ai Hui e taiki e!

> Restrictions are removed to clear the pathway ahead so as to return to everyday activities enriched and fulfilled