

COLOUR ME
IN & WIN!

Grab some pens,
pencils, crayons or
felts to add colour
to your scene and
bring it to life!



mhaw.nz
#MHAWNZ

RECONNECT

Mental Health
Awareness Week

26 Sept – 2 Oct
www.mhaw.nz

Name: _____

School: _____

Phone Number: _____

Email Address: _____

Age Range: ☐ 4-6 ☐ 7-9 ☐ 10-12

Rules:

- Competition open to tamariki/children aged 4-12 years
- Entries close 5pm, Monday 10 October 2022
- Winners will be notified by phone or email

Post your entries to
Mental Health Foundation,
PO Box 10051
Dominion Road, Auckland 1446

or snap a photo of your entry
and email it to:
MHAW@mentalhealth.org.nz
Subject: Colouring Competition

 **Mental Health Foundation**
mauri tū, mauri era OF NEW ZEALAND