

Understanding gender and stereotypes

Learning outcomes

Students will:

- identify gender stereotypes and their impact on people's sense of identity
- discuss strategies to challenge gender stereotypes that they can use
- identify how social messages about gender can affect people's experiences of becoming an adult
- examine cultural attitudes towards gender diversity
- contribute to the development of policies that support diversity of gender and sexual identities and inclusion of all.

Suggested time allocation

60 minutes

Resources

- The class *landscape wall display (Appendix 1)* and students' personal learning journals
- A selection of fairy tales, such as Cinderella, Sleeping Beauty, Little Red Riding Hood, or Beauty and the Beast
- *World of Tales* and *Myths and Legends*
- Felt-tip pens
- Large sheets of paper
- *Inside Out for Year 7-8 students*
- Reviewed music videos and lyrics
- *Girls Like You ft. Cardi B* by Maroon 5 and *lyrics*
- *How To Be A LGBTQIA+ Ally*

CURRICULUM LINKS

Underlying concepts

- **Attitudes and values:** developing attitudes of respect, care, and concern for all people, regardless of gender.
- **Socio-ecological perspective:** developing awareness of how culturally-based beliefs impact on how people learn about gender expectations and express themselves.
- **Health promotion:** learning to value themselves and others and appreciate each other's similarities and differences, including gender and sexual diversity, and taking action to challenge gender stereotyping to ensure everyone belongs.

Key competencies

- **Managing self**
- **Relating to others**
- **Participating and contributing**