

Grab a free coffee and chat with other parents and carers who know what it's like to care for a disabled child, a neurodiverse child, or a child with health impairments.

Parent to Parent hosts monthly Parent Support Groups in Christchurch during the school term, to support carers and parents just like you. These groups are a safe space for family and whānau to share their experiences, their challenges, their triumphs, and to learn from each other in an open and 100% judgement-free environment. No topic is too 'weird', no question too 'out there'. We get it, and we are here to help.

So if you'd like to share a struggle, celebrate a success, raise a concern, or simply have a cuppa and chat with other parents and carers in your area, you are always welcome at our Parent Support Group. Children are welcome too! Drop in for as long or as short a time as you want. And did we mention there's free coffee??

Upcoming dates:

Dates: Fri 21 May | Fri 18 June | Fri 20 Aug | Fri 17 Sep | Fri 19 Nov

Time: 9:30am—11:30am

Venue: Urban Eatery, Oderings Garden Center, 92 Stourbridge St, Barrington, Christchurch

Feel free to just show up on the day!

Or contact Jo for more info: