

2022 Season Overview

King's Lions' Rugby Club



Glenn Dickson - Director of Sport



Season Preview



The King's Lions' Rugby Club is up and running again in our 86th year.

The focus of our rugby club continues to concentrate on two main missions;

- a) Encourage our young men to continue in rugby through and after school
- b) Inspire and educate those young men who seek a career in rugby.

The most important components to achieve these two missions are to give our lions' the best opportunity to succeed by coaching them well and working with them to create an environment they have a strong connection with.

This is achieved by instilling the behaviours of a RAIONA (Lion);

ATTACKING - Style

BRAVE - Mindset

PROTECTIVE - Culture

We before me - Choice

What is also significant about King's Lions' Rugby is the number of Old Boys who are now giving back through coaching and managing. In 2022 we will have 12 KHS old boys in team coaching positions and another five involved with team management and specialist coaching.

In 2022 King's Lions' Rugby will put out eight teams comprising of 190 players which is a 12 % increase on 2021.

We have also made some adjustments to our rugby programme based on our 2021 season review in which all players and parents/caregivers were encouraged to take part. These adjustments are detailed later in this newsletter.

I would like to thank our coaches and managers who make our club function so well and wish you and your teams all the best for the 2022 season.



2022 Principal Partner



New Era Technology has provided trusted, quality technology advice in New Zealand for over 25 years. The Company was established as an ICT provider for New Zealand schools and now supports a range of schools and organisations with various ICT needs. The team at New Era are proud to enable organisations and their individuals to do what they do best.

Like King's Lions' value of 'we before me', New Era's culture is one where employees, customers and the communities they serve are at the core.

Technology is ever-evolving. As a result, being agile and creatively approaching challenges is important.; just like the King's Lions' would attack and be brave on the sporting field, New Era looks at each challenge with the vision of pushing the limit of how we do things to best support our customers and partners now and into the future.

New Era feels great pride in supporting the King's Lions' Rugby Club and sees a symbiotic relationship supporting the goals of both groups. This partnership is an opportunity for New Era to help create and maintain an environment where young people are encouraged to be the best they can be on the sports field, in the classroom and beyond.





2022 Major Partners

Anytime Fitness Dunedin's values align well with Kings Lion's Rugby and King's Lions' Sport behavioural values:

1. Attacking - Style

Being proactive to search for better ways to do things and constantly include the public and improve on how they do things.

2. Brave - Mind Set

The Adapt or Die philosophy; as nothing will ever be the same and therefore you have to be brave to adapt.

3. Protective - Culture

To be protective you have to have the hard honest conversations to know what you're dealing with and what you have in front of you to achieve the desired goals. Loyalty is the commitment from the team to do what's needed and for you all to have each other's' back.

4. We before me - Choice

It's never as much fun to do something on your own. Anytime Fitness focus on being inclusive to all, and for everyone to have fun. But 'fun' doesn't always do it, you also need to be genuine - it needs to matter to you as well for it to be truly fun and to be genuine - that's our focus.

Anytime Fitness Dunedin was honoured to be one of the few chosen to support King's Lions' Rugby Club. They don't sponsor many club's as they guard their brand with high standards. Those associated with them must have a high level of integrity, loyalty and decency. So it's with great delight and pride that they have entered into this partnership in 2022.



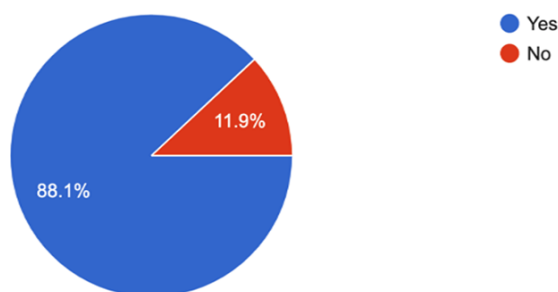


2021 Review

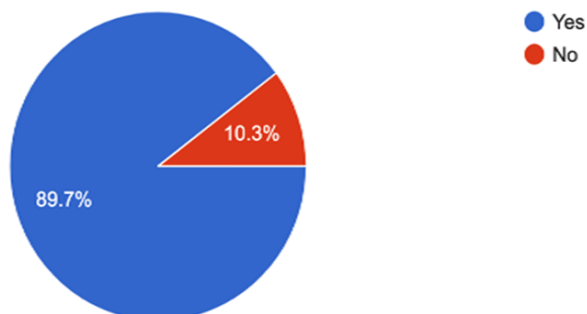
At the conclusion of the 2021 season King's Lions' Rugby Club conducted a review of our current programme.

The results are outlined below:

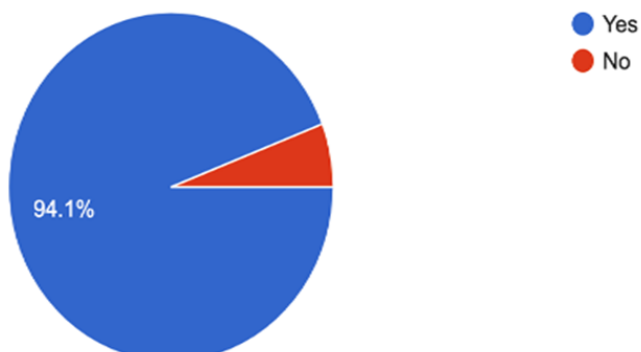
King's Lions' Rugby Club missions are to motivate and encourage our young men to continue in rugby through and after school as well as educate and inspire those who seek a career in rugby. Do you believe those missions have been achieved in your 2021 rugby season?



Did you feel connected through our RAIONA behaviours and team environments?

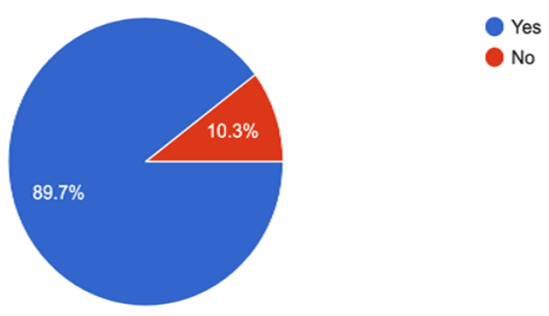


King's Lions' Coaching Philosophy follows a process geared towards continual improvement of the team and individual. Do you believe you have improved as a rugby player this year?





Do you believe you engaged to the best of your ability in our King's coaching process to believe, think and understand how to improve as a player?





Adjustments - based on Review



1) Training squads

- a) Panthers
- b) Development
- c) Tigers

The reason for this adjustment in our junior programme is to create a stronger culture in all of our Saturday teams by promoting leadership opportunities and a stronger connection to those players they share the field with on a Saturday. Like our previous model, there is still the opportunity for movement between these training squads.

The Panthers and Development will train together on a Tuesday and then our Tigers and Panthers teams will be selected before Thursday's training.

The Development players will be given action plans to assist in their development to reach the Panthers.

2) Position/Role Specific Coaching sessions

We have identified that our players require more position/role specific development sessions using specialist resource coaching. In 2022 we are aiming to achieve two of these sessions for our junior teams.

3) Alignment

To add more depth to our senior rugby programme. We have created alignment within our 1st XV, 2nd XV, U15 Panthers and U14 Panthers environments. This alignment has been created via;

- a) Coaching resource support (larger coaching and management teams)
- b) King's playing identity
- c) RAIONA behavioural accountability.

We have also included a development group of players who have ambition and potential to progress into 2nd XV and 1st XV rugby during their senior years at King's.



2022 1st XV Captain & Head Boy



**Malo lava le soifua maua ma le lagi e mama,
Tena koutou, Tena Koutou, Tena Koutou katoa,**

I want to welcome all Lions' new and not so new back to the Den for the 2022 season, as well as those supporting mothers, fathers, brothers, sisters, and all the extended families on the sideline. Welcome to the King's Lions' Rugby Club.

In becoming part of the King's Lions' Rugby Club, you will also be part of the Raiona values, these are also known as our DNA traits;

**Attacking
Brave
Protective
We before Me**

The DNA traits provide our King's Rugby Programme with the backbone of how we behave, both on and off the field.

Lastly we also want to acknowledge our Principal Partner - NEW ERA and our Major Partners - ANYTIME FITNESS and ELEVATE ANALYSIS for their ongoing support of our programme, without them we would not be able to deliver high calibre Lions' rugby.

**Orlando Tuhega-Vaitupu
2022 King's High School Head Boy**



2022 Drivers

We wish all our Lions and our Drivers all the very best for the 2022 season

U14 Squad

Dean Moeahu – Head Coach
Glenn Dickson (KHSOB)
Richard Buchanan (KHSOB)
Ryan Griffith (KHSOB)
Dan Koni (KHS Staff)
Nicola Moeahu – Manager
Tim Kelleher - Manager
Shea Robertson
Devon Oliver-Bell
Sam Donaldson
Robin Sharma - Manager (KHS Staff)

U15 Squad

Glenn Dickson (KHSOB)
Paul Miller (KHSOB)
Neva Vaitupu (KHSOB)
Daniel Johnson (KHSOB)
Hayden Smale
Terry Hill – Manager
Daniel Jephson – Manager
Aaron Everett
Hamish Robertson
Joep Tudreu – Manager (KHS Staff)

2nd XV (U18 Grade)

Wayne McMillan - Manager (KHSOB)
Tony Kramers (KHSOB)
Daniel Harvey (KHSOB)
William Tokona (KHSOB)

3rd XV & Senior Pumas

Darren Eade (KHS Staff)
Richard Lindsay (KHS Staff)
Gabiella Hyndman – Manager (KHS Staff)
Dave Conrad – (KHS Staff)

1st XV (Otago Premier SS Competition)

Niall Gregg (Head Coach)
Josh Clark (KHSOB)
Hisa Sasagi
Elwyn Rouvi (KHSOB)
Nick Punnett (Physio)
Darin Smith – Manager (KHS Deputy Rector)
Michael Reggett – Assistant Manager (KHSOB)

RESOURCE DRIVERS

Ben Smith (KHSOB)
Tom Willis (KHSOB)
Jason McDonald (KHSOB)



2022 Key Dates

WHO	WHEN	WHERE	TEAMS
Shirley Boys' Interschool	Tuesday 31st May	Christchurch	1st XV, U14 Panthers
Southland Boys' Interschool	Wednesday 15th June	Invercargill	1st XV 2nd XV, U15 Panthers
Otago Boys' Interschool	Saturday 30th July	King's	1st XV
S.I U15 Tournament	29 August – 1st September	Timaru	U15 Panthers





new era.
TECHNOLOGY

2022 Pride Partners

We thank you and appreciate your ongoing support

