

## Wearing a face covering is encouraged

## How to put on a face covering safely

Place over your nose, mouth and chin, and ensure that it is secure.

## Wear your face covering for the entire journey

Avoid touching your face, the front of your face covering, or removing it while you are on board.

## Dispose of, or wash your face covering

Throw out your disposable single-use mask in a bin, or wash your reusable one in hot water after each use.

