



SNAPSHOT

DUNEDIN

TERM 3, 2022

GROWING CONFIDENT KIDS

By Paul Jamieson – Managing Director

Term 3 is upon us and it is hard to believe we are halfway through 2022 already. Now is the time to start thinking about those end of the year activities like sports days, cross country and athletics.

Wellbeing is at the forefront of everyone's minds at present as we seek to navigate the mental, emotional and physical challenges of the past two years with Covid. Kelly Sports has just released a Wellness Programme which aims to help students feel equipped and have a better understanding of why being physically active is an important part of their overall wellbeing.

Have you considered a lunchtime Kelly Sports programme or a Kelly Sports in-school curriculum time programme? Our popular multi-sport programmes teach kids foundational skills and aim to build their confidence to participate in local or school sports teams.

Reach out! We would love to come in and deliver a range of programmes that meet your school and children's physical needs. Kelly Sports has fantastic and well-trained coaches who are excited to inspire the kids to have fun and give sports a try.

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KELLY SPORTS SUCCESS STORIES

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FUNDAMENTAL MOVEMENT SKILLS

Fundamental movement-skills form an important part of a child's development and enable them to learn and develop specific skills for sport, games and recreation, preparing children for a healthy life.

Our FMS programme recognises that children love to play games and learn best while actually doing. We aim to develop and enhance locomotion, manipulative and stability skills such as running, jumping, catching, throwing, skipping, kicking, balance, rotation and striking.



CROSS COUNTRY

Many schools across the nation hold an annual cross country event - many within a school cluster.

Kelly Sports Dunedin are able to assist your school with cross country events.

In term 3 we will be running the Hills Cluster Cross Country as well as assisting at the Outram School and South Taieri Cross County events.



SPORTS DAY

It's not too early to be planning for Term 4 and end of year activities. We run sports days at schools around the country. We take care of the planning, organisation and execution of the day.

Kelly Sports ensures that the activities and games are suitable for all children of all abilities. The days can be themed, mini tournaments or can just be a fun day as a treat for all. We can do anything the school needs to help make these sports days hassle-free for teachers and fun for all.

KĪ O RAHI & TRADITIONAL MĀORI GAMES

Our Kelly Sports teams in Dunedin have been running Kī o Rahi and Traditional Māori Games programmes at Brockville and Maori Hill Schools. The children have been learning outside the classroom about the game of Kī o Rahi based on a Pūrākau or legend of Rahitutakahina and the rescue of his wife Tiarakurapakewai.

In term 3 we will be running these programmes at Carisbooke School, Brockville School and Outram School.



GET IT GIRLS

Our games based Get It Girls programme enables girls to engage with each other in a positive and fun environment.

Encouraging their enthusiasm for sport and the life skills that such involvement brings, the programme gives the girls confidence to join sports clubs and teams in future.

Go to: kellysports.co.nz/kelly_events/view/14533 to find out more.



AFTER-SCHOOL PROGRAMMES

Aimed at years 0-4, children have the opportunity to participate in a variety of sports including dodgeball, volleyball, netball, football, basketball, cricket, hockey, and rugby. These programmes aim to encourage a life long love of sport and the confidence to join club or school sports teams

In term 3 we will be running programmes at Sawyers Bay, Brockville and Fairfield Schools. For more info head to: <https://kellysports.co.nz/dunedin>

