

How to raise a champion: **Balance is Better**



TO BE A CHAMPION IS THE
BEST VERSION OF YOURSELF

TUESDAY 17 SEPTEMBER

Sixty6 On Peterborough St

6.30-8:30pm (Doors open 6pm)

Cost: \$10 + booking fee

Join Sport Canterbury in an informative evening led by influential speakers in their field on how you can help your child navigate their way through sport. A chance to address the common misconceptions around what drives sporting success in our children.

SPEAKERS:

Sharon Kearney - NETBALL NZ

Andrew Ellis - CANTERBURY CRICKET

John Quinn - PERFORMANCE WELLBEING

Jonelle Quane - SURF LIFESAVING NZ

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**Elmwood
Normal School**

All profits made will go towards the purchasing of sports equipment for ENS