



**24-7**  
YouthWork



# 24-7 YOUTHWORK @ CBHS

**TERM ONE 2022**

As 24-7 Youth Workers we are employed 10 hours Each per week to support student well-being by;

- Building Relationships that support students
- Cultivating positive school spirit
- Developing leadership
- Integrating young people into community activities

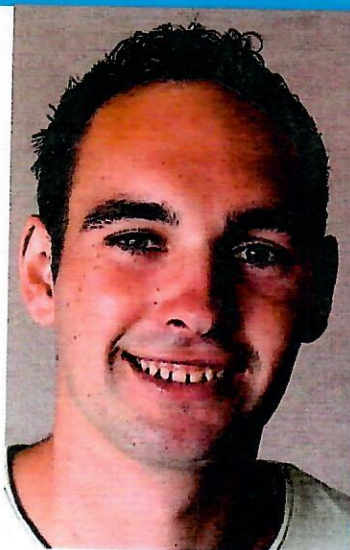
In this report you'll find details of some of the programmes we've been running and ways our team has been contributing at CBHS. Both Josh & JC are now well established in their roles with a number of the programmes they run and responsibilities they have rolling over from year to year. One of our key focuses therefore this term has been to deepen relationships and the support we are able to provide through these programmes and identify key students to build ongoing relationships with. As youth workers we have the luxury of being able to give young people time for their purposes without an agenda. We don't have the pressure of needing young people to be successful in any particular area of their life but instead can support them in achieving their own goals, talk openly about their fears and challenges and walk alongside them showing that we value and believe in them.



# CBHS Youth Work Team

Matt Meek - Team Leader

Matt has been a part of the 24/7 team at CBHS since 2016. These days Matt coordinates the team making sure they are deployed in all the right places to make the biggest impact. Matt loves new ideas, creative problems to solve and helping people reach and contribute their full potential.



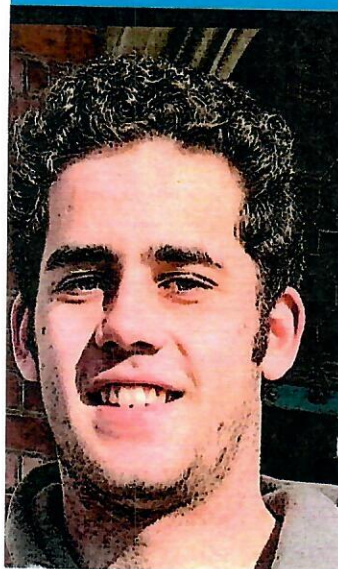
  
Riccarton  
Community  
Church



James (JC) Chapman

JC came to us at the beginning of 2021 having previously been involved in youth work as a director at Totara Springs Camp. JC brings a great deal of experience and passion for developing teenagers as leaders. He has a passion for photography and media and has already contributed a lot supporting the media team, House leaders and Monitors.

  
Riccarton  
Community  
Church



Josh Paul

Josh attended Riccarton High School, where he was Head Boy in 2018. Josh has represented Canterbury in football and cricket, and also played volleyball, basketball, touch and futsal. Josh enjoys building relationships through sports coaching and has also been a great support to some of our monitors.

  
Riccarton  
Community  
Church

If you have a project in mind that you think we might be able to help with or a particular student that you are concerned about please get in touch with us.

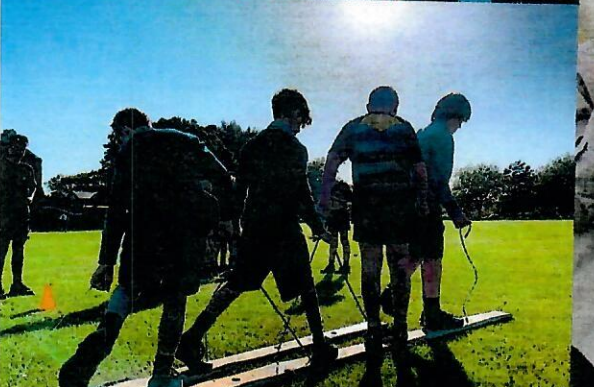
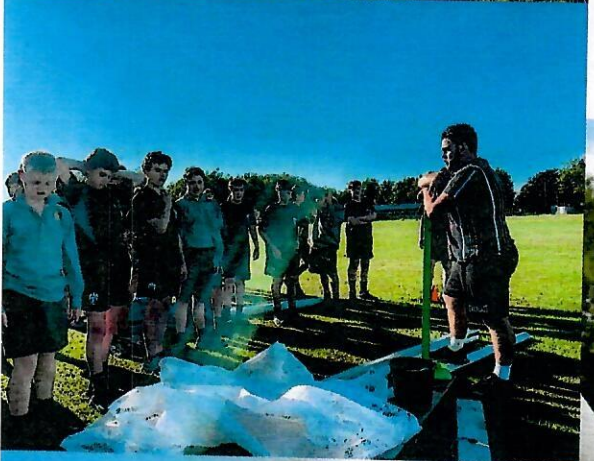
meekm@staff.cbhs.school.nz or 0273299051



## Tabloid Sports (Y9)

While originally planned for the end of 2021 the year 9 tabloid sports was a great event to introduce a number of the year 9s to the 24/7 youth workers, and other boys in their house. This event received a lot of support from the monitors from setting up through to the final pack up, and the enthusiasm of the monitors and staff at each of the activity stations was a major part of the event's success.

Part of the design of the event was to cater to a wide range of the boys talents and give as many boys as possible a sense of buy-in with activities including shooting nerf guys, volleyball, using slingshots, mental challenges and team-building activities.



## Team Building (Y9)

In term 1 we ran team building sessions for the year 9 students. We saw each class for two hours, during which the boys took part in a number of activities that revolved around teamwork and communication. The aim of these sessions is to help integrate the boys into the school by giving them the chance to work with their new classmates, and get them thinking about what it means to be a good team member.

Over the weeks, we were stoked to have a number of peer support leaders join us when it was their classes turn to take part. It makes a huge difference when the boys see an older student they respect getting involved with the sessions. When peer support or kaitiaki teachers are present and engaged we tend to have less behavioural issues and the students seem to get more out of the sessions, which is very encouraging to see.

Some highlights that have stuck with us actually happened after the sessions, when we continued conversations into interval and lunchtime. While we consider the lessons about teamwork very important, building relationships with students is a much more exciting outcome, so we are always very pleased when team building can help us achieve this.





# Supporting Guidance

Throughout this term, JC has spent part of his hours in the Whare Hauora both and chatting with the students who need to use this space. With the ad hoc nature of how the boys use this space, he has done admin work while waiting for the boys to come in. Just being present in the waiting room has led to some good conversations about what youth workers do at the school, as well as giving space for him to give the boys some gentle nudging and advice on ways to avoid escalating situations and how best to approach other staff members with their issues.

This more conversational and 1 on 1 youth work has a smaller reach than the year 9 team building, and tabloid sports that were a major focus at the start of term one but allows for better conversations and build on the work that was done at those events.

# Volleyball Coaching

Josh also coached volleyball throughout term 1, working with all the senior teams during the week and rotating between teams on game day depending on where the need was highest. Josh has been working with a lot of these boys since they were in year 9, and really enjoys deepening the relationship he has with them, both as a volleyball coach and a youth worker. While he is passionate about volleyball and wants the boys to achieve highly, sometimes the most rewarding moments are spent on the bench after games or in the van, getting to know the players better or just chatting about life.

## Youth Worker Stats:

Hours contributed by Youth Workers  
206

Meaningful one on one contacts recorded  
29

Meaningful interactions in groups  
1315



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24-7 YouthWork at CBHS is a local partnership between St Barnabas Anglican Church and Christchurch Boys High School supported by generous community funding.



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**Riccanton**  
Community  
Church



**Rātā**  
Foundatio