



Grant's Braes School

"to explore, discover and learn together"

presents: **ADVENTURES IN
PARENTLAND**

NIGEL LATTA



Happy, healthy, confident children is something all parents want... but getting there is sometimes a bit challenging. While we might be the same humans we've always been for the last hundred thousand years or so, the world itself has changed incredibly, and those changes are only going to speed up over the coming years.

So how do we prepare our kids for living a good life in the modern age?

In this entertaining, challenging, and thought provoking presentation Nigel will share insights gained over a career that spans over twenty years and has taken him all over the world in search of answers to all kinds of questions. He'll cover everything from the parenting basics, to helping your kids plan for the future, and dealing with big issues like stress, anxiety, and depression. This is an evening full of real world solutions, for real world problems.

(*Suitable for all ages... although there may be a wee bit of swearing.)

DATE: 18 March 2019

TIME: 7:30pm

WHERE: Otago Boys High School Auditorium

TICKETS: \$30 each available from our website (<https://www.grantsbraes.school.nz>)

All proceeds raised will go to Grant's Braes School