



# LEARN TO SAIL

## Ravensbourne Youth Yachting Trust

**COACHING** by Jenny Armstrong, Olympic Gold Medalist (*Jenny learned to sail at Ravensbourne !!*) and Erik Stibbe (Australia and Canada Olympic Sailing Team former coach)

*Ravensbourne Youth Yachting Trust is a not-for-profit organisation that provides sailing opportunities for young people in the South East of England.*

The Ravensbourne Youth Yachting Trust invites all children from age of 7 to 18 to come and give sailing a go. Our America's Cup sailors all started the same way, in the sturdy little Optimist Sailing dinghy. Our Free Open Day will show you the basics of sailing followed by on the water fun trials. This Open Day is for beginners and youth keen to progress on to our Youth Racing Squad. Sailing school each Sunday from November till March.

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