



**Presbyterian  
Support**  
Upper South Island

# Incredible Years® Parenting Programme

## Date, Time & Location\*

14 week programme  
8 August–26 September; and  
17 October–21 November

Mondays 6.00pm–8.15pm  
Sinclair Centre, 74 Park Street, Ashburton

## Registration

Erin Sturman  
Ministry of Education  
E. [incredibleyears.canterbury@education.govt.nz](mailto:incredibleyears.canterbury@education.govt.nz)

Presbyterian Support  
P. 03 261 6907  
E. [midcant@psusi.org.nz](mailto:midcant@psusi.org.nz)

## Course Details

Incredible Years is a parenting programme for parents of 3-8 year old children who would love to connect with other parents and learn some new parenting strategies.

### Outcomes you should expect

- » Building a closer bond between you and your child/children.
- » Growing your child's social and emotional skills so that they can make friends and manage those BIG emotions!
- » Understand your child's learning and help them persist with challenging tasks.

NB: Spaces are limited and bookings are essential. Waitlist and referrals are managed by the Ministry of Education.