

# YOGA FOR KIDS, TEENS & FAMILY YOGA!

Blissful Souls

A fun and exciting way to bring Yoga to ALL of the Family!!

Classes commencing 2019

6 locations across Dunedin

Macandrew Bay, Wakari, Port Chalmers, Mosgiel, Roslyn and South Dunedin

Under 5's

5-9 years

10-12 years

Teens

Family Yoga



Visit [Blissful Souls](#) on Facebook for more information.

Call or text us on 0278978027 for all inquiries.

Ask us about our Yoga Birthday Parties and our  
"Yoga With Your Kids" Workshops.