

Published by Amuri Area School – (03) 315 8233 Email: theperil@amuri.school.nz Friday 15<sup>th</sup> May 2020 Issue: 2010:17

Advertisements for insertion can be e-mailed to the above address (with a billing address provided) or left at the Amuri Community Library. Closing day and time for both is 4pm on Monday. When there is a Public Holiday on a Monday the deadline will be extended to 4pm the next day (Tuesday). Regular advertising by arrangement.

Emailed classified ads (not businesses/community groups/clubs) will need to be paid **IN ADVANCE** directly into our bank account by close of bank business on a **MONDAY** (**Tuesday when there is a Public Holiday**) for the ad to appear that Friday (20c per word - minimum \$2). If there is no payment received the ad **WILL NOT** appear that week, ie **NO PAYMENT**, **NO AD**.

Payment in advance does not apply to regular advertisers eg businesses/community groups/clubs who are invoiced

Advertising Costs: Classified and Community Ads: 20c per word (minimum of \$2)

Businesses: Full Page \$50, ½ Page \$35, ¼ Page \$25, ¼ Page \$20, 1/16 Page \$15. If you require an ad to be designed this will incur a \$10 fee (businesses only). All GST inclusive.

Payment made at the Library is cash or cheque only (payable to Amuri Area School) - no EFTPOS.

ASB Bank 12-3616-0057391-01

Please quote your name as a reference.

This account is for PERIL PAYMENTS ONLY

#### **COMMUNITY NOTICES**

**FOOD BANK** - Living Waters Hurunui Outreach would like to offer assistance to anyone who is alone or not able to get to the supermarket or pharmacy in the area, during this time. If you know of anyone who would need assistance in this time or you yourself need assistance, please do not hesitate to make contact with us by any of the following ways:

Cell phone: 027 448 6594 - Aveai

027 448 6583 - Isaiah

Landline: 03 314 2044

Email: livingwatershurunuioutreach@gmail.com

You can also send us a private message through messenger The food bank can also be accessed by using those same

contact methods.

Remember to stay aware of your social distances if you have to go out.

We will get through this as a community and as a country.

THE COMMUNITY RESPONSE COMMITTEE have been busy over the past 7 weeks offering support to over 90 families and individuals in Waiau, Rotherham and Culverden who may be struggling with the effects of Covid-19. We have been truly humbled by this community's kindness and donations towards our cause, this has enabled us to continue our support, communities helping communities!

Please don't hesitate to reach out.

Take care Community Response Committee

027 510 6353

#### **COMMUNITY NOTICES**



#### **SEEKING HELP SHOWS STRENGTH**

#### Waikari Foodbank:

Call 03 314 2044 or 027 448 6594

#### Amberley Foodbank:

Call 03 314-7464 or email redepenningfam@xtra.co.nz

#### Inspire Your Pantry Food Rescue:

Call 03 314-6950 or 027-210-2917 or email inspirechurchamberley@gmail.com

Hanmer Springs Pop-Up Food Bank, Hanmer Springs Business Association: Call 027 929 7299

Communities can be affected by emergencies in different ways, and may need different types of welfare services.

Please call the Canterbury Welfare Call Centre **0800 24 24 11** 

USE 105 FOR POLICE NON-EMERGENCIES

Amuri Community Website www.amuri.org.nz

#### SITUATIONS VACANT

#### **Hurunui District Nurse**

Permanent part-time position

We are looking for an experienced Registered Nurse preferably with District Nursing experience to join the fantastic Amuri District Nursing team based in Rotherham. Usually two 8-hour days, plus extra as demand or relief requires. The person we are looking for will have a current practising certificate and driving licence and be able to work well autonomously as well as being a good team player. Other casual work may also be available in surrounding areas in the Hurunui area.

A Position Description is available by phoning Paul Wylie, Manager, Hurunui District Nursing Service on 03 315 6328 or email paulwylie@amurihc.co.nz.

Applications close Friday 22<sup>nd</sup> May 2020.

## Appointment of Director To the Board of Amuri Health Care

A vacancy exists for the position of a Director to join the Board of Amuri Health Care.

This is a voluntary role, open to a resident in the Amuri Area.

Written nominations including a CV should be with the undersigned by

12 noon on Friday 12 June 2020.

The Secretary, Amuri Community Trust, Whalesback, 2479 Inland Road, Kaikoura 7373

Enquiries to Jane Northcote 315-6081 or whalesback@xtra.co.nz

#### **COMMUNITY NOTICES**

#### **KEY CONTACTS AND SOURCES OF INFORMATION**

NZ Government: www.covid19.govt.nz

Healthline 0800 358 5453

Government helpline 0800 779 997 (8am-1am, 7 days)

Need to talk? Call or text 1737 or visit

www.allright.org.nz/campaigns/getting-through-together Essential business enquiries: <a href="mailto:essential@mbie.govt.nz">essential@mbie.govt.nz</a> or 0800 22 66 57

Report self-isolation breaches:

NHCCselfisolation@health.govt.nz

Report breaches of any Alert Level 3 restrictions: 105.police.govt.nz

Be wary of scammers trying to take advantage of the situation by phone and internet/email. If you are in any doubt make contact using a phone number or email address you know.

Don't give out your passwords.

Don't click any links in suspect messages.

Don't allow remote access to your computer.

#### FOR SALE

1997 SUZUKI VITARA 172, 000km 3 door.

Registered and warranted.

Routinely serviced and maintained. \$5000.00 ono.

Phone: 03 315 8017

#### **WANTED TO RENT**

#### **Beechbank Dairies Ltd**

House wanted to rent in the Culverden or surrounding area.

One tidy lady with two outside dogs.

Please phone Sharron 027 4075 4129





Ph: 03 315 6328

Fax: 03 315 6592 40 Wilkin Street

Email: reception@amurihc.co.nz www.amurihc.co.nz

#### In an emergency dial 111

Hours of Business:

8.30am - 5pm

Appointments available:

9am-12pm & 2pm-4.30pm Monday-Friday

#### After Hours:

5pm-9am Monday to Friday, (GP on Call)

Public holidays & weekends (GP on Call)

## Phone our practice anytime, day or night for immediate assistance.

The after-hours phone is connected to and answered by a registered nurse, who will assess your needs, offer advice or arrange immediate assistance from the on-call doctor or rural nurse. (The triage nurse may take a few minutes to answer).

#### Covid-19 Level 2

Amuri Health is currently looking how it will best operate during **Level 2**, to continue to provide patients with the best possible healthcare within the Amuri District.

We will continue to be guided by the Ministry of Health in regards delivery of healthcare to patients and will continue to provide regular updates via weekly advertising, the Amuri Health Centre Facebook page, and the Amuri Health Centre web site.

Please continue to check these regularly for updates and or call the Health Centre for advice or to make an appointment time. Stay well and stay safe. Thank you, the team, at Amuri Health.

#### **Meningococcal Vaccines**

Meningococcal vaccines are strongly recommended for all teenagers and young adults flatting or staying in hostel accommodation, whether at Boarding School or Halls of Residence.

Please phone the Health Centre to arrange an appointment or talk to the nurse for more information.

There are 2 vaccines available to cover the most common strains.

Bexero (Meningococcal B) available at a subsidised cost of \$70 and Menactra or (Meningococcal ACWY) which is currently funded.

#### **Personnel Availability:**

Dr Deidre Clink:

May: 18, 21, 25, 28

June: 4, 8, 11, 15, 18, 22, 25, 29

Dr Graeme Scrivener:

May: 15, 19, 22, 26, 29

June: 2, 5, 9, 12, 16, 19, 23, 26, 30

Dr Gareth Iremonger:

May: 20, 27 June: 3, 10, 17, 24

**Dr Vicky Chaplin:** May: 15, 18-22, 25-29

June: 2-5, 8-12, 15-19, 22-26, 29, 30

Nurses: Monday - Friday

**District Nurses Availability:** 

Monday - Friday each week

Please note the Health Centre will be closed:

#### Monday I<sup>st</sup> June 2020 Queens Birthday

Healthworks Pharmacy: 0800 347 7367

Amberley Pharmacy: 0800 924 5274

Physio, Corry Scrivener/ Chris Dixon: 03 315 6328



#### Recycle Your Farm Rubbish Will pick up for FREE To Purchase -Old trailers (de Reg.Bent. Parts) -Building materials from or without holes) -200L Plastic or Steel drums Renos etc (the extras that dont get used) -Pivot steel (from roll overs Some old chemical cannot drain them where i live) -Building Materials -Big tanks (baileys or similar) can have holes if they are -Generators (Big,Small,Pumps,) Going or not - Old spray units (quad or bigger) or just parts. (reels,Guns,hoses) -Old fuel tanks 1000L or -Pivot or out one time use transport boxes -post and warraths (bent or straight) -Old calf feeders ( mainly on trailers) -Boat trailers -Sheds for deconstruction -Old quads( going or not) -Steel gates ( bent or not) - Old horse floats Call John 03 315/6002 0212663892 Leave a txt - cable reels If you think its worth more than the Tip or scrapman please call This is not a Business its a hobby! I do this for FREE to try Upcycle or repurpose/Distribute good materials that would otherwise end up in the landfill



#### External Agencies - Who do I talk to?

## Covid19.govt.nz

# Everything you need to know in one place

Communities can be affected by emergencies in different ways, and may need different types of welfare services, including the following (but not limited to):

Please call the Canterbury Welfare Call Centre **0800 24 24 11** 



#### **MONEY CONCERNS**

Mortgages - people should get in touch with their banks in the first instance



#### Ministry of Social Development (WINZ)

Visit www.workincome.govt.nz

Living Expenses, benefits and redundancy	0800 559 009
Wage Subsidy	0800 40 80 40

#### **LOCAL BUSINESS CONTINUITY**



#### **Enterprise North Canterbury**

Visit www.northcanterbury.co.nz/covid-19
Call 03 327 3135
or email office@enterprise.co.nz

#### **FOOD SHORTAGES**

#### Waikari Foodbank:

Call 03 314 2044 or 027 448 6594

#### Amberley Foodbank:

Call 03 314-7464 or email redepenningfam@xtra.co.nz

#### Inspire Your Pantry Food Rescue:

Call 03 314-6950 or 027-210-2917 or email <a href="mailto:inspirechurchamberley@gmail.com">inspirechurchamberley@gmail.com</a>

Hanmer Springs Pop-Up Food Bank, Hanmer Springs Business Association: Call 027 929 7299

#### HEALTH ADVICE AND SELF ISOLATION

#### Healthline

Call 0800 358 5453

Ministry of Health

Visit www.health.govt.nz/coronavirus

#### **COVID-19 QUESTIONS**

**New Zealand Government COVID-19 Team** 

Visit www.covid19.govt.nz

#### **GENERAL WELLBEING OF PEOPLE**



www.wellbeingnc.org.nz Call 03 310 6375

Their mission: We provide quality services that respond effectively to existing and emerging social and community needs.

They can assist with counselling services and connections to other agencies for vulnerable people.

#### **FAMILY VIOLENCE**



Visit www.police.govt.nz

Report non urgent issues via 105 In an emergency always call 111

Family violence www.police.govt.nz/advice-services/family-violence

#### ANXIETY, DISTRESS OR MENTAL WELLBEING

#### National Telehealth Service

Free text or call 1737

#### **PRESBYTERIAN SUPPORT**

Visit <a href="www.ps.org.nz">www.ps.org.nz</a> Call 0800 477 874 Collectively, the Presbyterian Support organisations are one of the largest providers of social and health services in the country. We work with older people, people with disabilities, families at risk, children and young people.

#### **ACCOMMODATION**

Temporary Accommodation Service at the Ministry of Business, Innovation and Employment Call 0508 754 163

#### **INTERNATIONAL VISITORS**

#### **Help with Travel Bookings**

i-SITE - Visit www.i-SITE.org.nz

#### Visa Concerns

Immigration New Zealand Call 0508 558 855

or visit www.immigration.govt.nz/new-zealand-visas

#### **Embassy Details**

Ministry of Foreign Affairs and Trade Visit <u>www.mfat.govt.nz</u>

#### **CHILDREN**

#### Worried a child is unsafe?

Oranga Tamariki
Call 0508 326 459 or email <a href="mailto:contact@ot.govt.nz">contact@ot.govt.nz</a>

#### Talking with Children about COVID-19

Save the Children Support and Information Visit <a href="https://www.savethechildren.org.nz">www.savethechildren.org.nz</a>

#### **Home Schooling Advice**

Ministry of Education
Visit <a href="https://www.education.govt.nz">www.education.govt.nz</a>

#### **Questions about Child & Baby Health**

Plunketline Call 0800 933 922

#### **RURAL SUPPORT**



Visit <u>www.rural-support.org.nz</u> Call 0800 787 254

Rural Support Trust - Supporting rural people through tough times (severe weather, finances, relationships, and work pressures)

#### **ANIMAL WELFARE**

#### **Concerns about Welfare**

Ministry of Primary Industries Call 0800 008 333

#### **Vetrinary Services & COVID-19**

Service: NZ Vetrinary Association Visit <a href="https://www.nzva.org.nz">www.nzva.org.nz</a>

#### **NOT SURE WHO TO TALK TO?**

#### **Government Helpline**

Call 0800 779 997



#### We are now in Alert Level 2 — Reduce

#### Play it safe

You have more freedom of movement at Alert Level 2, but it's up to each one of us to keep the rest of New Zealand safe.

These are the most important things that you can remember and do:

- COVID-19 is still out there. Play it safe.
- Keep your distance from other people in public.
- If you're sick, stay home. Don't go to work or school. Don't socialise.
- If you have symptoms of cold or flu call your doctor or Healthline and get advice about being tested.
- Wash your hands. Wash your hands. Wash your hands.
- Sneeze and cough into your elbow, regularly disinfect surfaces.
- If you have been told to self-isolate you must do so immediately.
- Keep a track of where you've been and who you've seen.

#### Range of measures that can be applied locally or nationally

- People can reconnect with friends and family, and socialise in groups of up to 10, go shopping, or travel domestically, if following public health guidance.
- Keep physical distancing of two metres from people you don't know when out in public or in retail stores. Keep one metre physical distancing in controlled environments like workplaces, where practicable.
- No more than 10 people at gatherings (to be reviewed 25 May), except funerals and tangihanga, which can have a maximum of 50 people if registered with Ministry of Health.
- Businesses can open to the public if following public health guidance including physical distancing and record keeping. Alternative ways of working are encouraged where possible.
- Hospitality businesses must keep groups of customers separated, seated, and served by a single person. Until 21 May alcohol can only be served when purchasing a meal. Maximum of 100 people at a time.
- Sport and recreation activities are allowed, subject to conditions on gatherings, record keeping, and where practical physical distancing.
- Public venues such as museums, libraries and pools can open if they comply with public health measures and ensure 1 metre physical distancing and record keeping.
- Event facilities, including cinemas, stadiums, concert venues and casinos have a limit of 100 customers in each workplace at any time, with 1 metre physical distancing and record keeping.
- Health and disability care services operate as normally as possible.
- It is safe to send your children to schools, early learning services and tertiary education. There will be appropriate measures in place.
- People at higher-risk of severe illness from COVID-19 (e.g. those with underlying medical conditions, especially if not well-controlled, and seniors) are encouraged to take additional precautions when leaving home. They may work, if they agree with their employer that they can do so safely.