



**Presbyterian
Support**
Upper South Island

Tuning in to Teens™

DATE, TIME & LOCATION*

9TH May - 13TH June
6pm - 8pm
Presbyterian Support
215 Tancred Street
Ashburton

REGISTRATION

NB: Changes can occur depending on registration numbers.

* Spaces are limited, however, you can request to be placed on the waitlist

COURSE DETAILS

Parents and carers learn emotion coaching skills for use with young people aged 10-18 years.

- » Focus on developmental needs of teenagers
- » Integrates greater focus on acceptance and empathy
- » Improved parent/teen relationships and adolescent mental health