



TIMARU BOYS' HIGH SCHOOL

NEWSLETTER

www.timaruboysschool.nz

Issue 9

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RECTOR'S MESSAGE



We all have strengths and weaknesses. In schooling, 'strength – based education' focuses on strengths. Applying a bulk of our attention to expanding strengths over trying to weed out all weaknesses. It's better to emphasise strength development over trying to eradicate all faults and flaws; to focus on what youngsters are doing right before focusing on what they're doing wrong; on strengths before shortcomings. Is this correct? I believe so.

A strength has three key parts: performance (we're good at), energy (we feel good doing it), and high use (we choose to do it frequently). So a strength is something we do well, often, and with energy. These are also the everyday clues to an emerging strength. It follows from this that our performance, energy and use won't be nearly as high if we're not working from our strengths. At

Timaru Boys' our challenge is to employ strategies that support young men to discover, develop and display their strengths; to become more systematic in how they gain strength, with attention and a positive push from us when needed. If we help students to internalise the fact that they have strengths, that these strengths are what energise them and so function as their inner resources for developing optimism and resilience, it will lead to them seeking what they want to achieve in life.

There are numerous strengths we can each play to. They can be our skills, abilities, interests, characteristics, talents or traits. Broadly speaking, they are either character strengths or performance strengths that benefit us and others. They are character strengths like kindness, gratitude, courage, wisdom, perseverance, temperance/self-control, fairness, love, and the capacity to find meaning in things beyond ourselves. Or they are performance strengths, such as physical strength and skill or specific cognitive abilities like computing with numbers or using language well.¹ These two types of strengths can reinforce each other. Performance strengths can, for instance, grow from character strengths. Character strengths can, in turn, be improved by performance.

To take all this another tentative step, other than what we do well, often, and with energy, strengths are also, according to positive psychology, what we:

- use in productive ways to contribute to our goals and development
- build over time through innate ability and dedicated effort
- have recognised by others as praiseworthy qualities, that contribute positively to the lives of others.²

Looking closer to home, if wanting to know what your son's strengths are, ask yourself: Do I see performance? (Above-age levels of achievement, rapid learning, and a repeated pattern of success); Do I see energy? (They have abundant energy while doing it, and in the way they speak about it); Do I see high use? (They choose to do it often – perhaps in their spare time too). As educators these are the questions we can also address in our teaching and learning at TBHS when nurturing boys' strengths.

As this latest Newsletter shows once again, we are a school of manifold strengths. We have a myriad of boys and staff who carry individual and collective strengths, sometimes remarkable strengths, that contribute to who we are as a school in pursuit of the best education for boys.

Nick McIvor

Knowledge is Power. Mā te Mātauranga te Mana. Scientia Potestas Est.

¹ Waters, Dr Lea [The Strength Switch](#) (Penguin, Australia, 2017) p62-63.

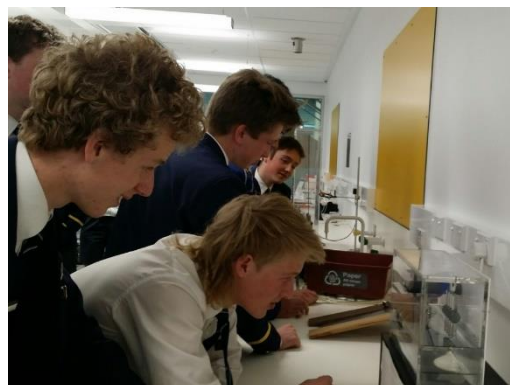
² [Ibid.](#) p7.

Year 12 Physics trip to University of Canterbury and Rutherford's Den

On 11 September, the two Year 12 Physics classes were given the opportunity to travel up to Christchurch for a series of workshops. The day was planned by Miss Everitt in preparation for their final internal assessment for the year, Level 2 Atomic and Nuclear Physics, and marks the first time such an opportunity has been offered to senior physics students at this level. It was a successful day out that we hope to further refine and offer again in future years. With forty students and staff, it was a very busy day for all!

At Rutherford's Den, the boys learned more about the history of the atom and Ernest Rutherford's scientific experiments and discoveries – notably his "Gold Foil Experiment" which revolutionised our knowledge of the structure atoms. They also heard about the many practical applications of nuclear physics as well as the dangers of nuclear radiation.

At the University of Canterbury, the boys were taken through the Department of Physics and Astronomy and put to work in a first-year physics laboratory where they conducted two experiments of their own. First they investigated the effectiveness of biological materials (carrot slices) in absorbing beta and gamma radiation, to appreciate the effect of ionising radiation on exposed tissue or skin. Next they investigated the radioactive nature of unstable copper isotopes, monitoring the level of radioactivity and measuring beta particle emissions to calculate half-life. Finally the boys were treated to a number of exciting demonstrations, including using liquid nitrogen, to illustrate some of the experiments and opportunities they would have as a first-year physics student.



Hospitality News

Year 13 Baking Assessment

The Year 13 Hospitality students have almost completed their Baking Block Assessment course at ARA. During their time at ARA they have been perfecting their baking techniques to produce a wide variety of baked dishes, for example, sponges, scones, carrot muffins, chocolate and caramel slice and piping skills for cake decoration. All the students have greatly benefited from their time in the commercial kitchens at ARA. The students have developed a new appreciation of the chemistry involved in baking. The students have become more confident in their understanding and application of baking terminology. We wish them well for the final baking challenges in Week 10 to complete this module.



Year 12 Hospitality Term 3

On 18 September, the Year 12 TBHS Hospitality students attended ARA for the Barista Course. As a component of this course the students had to create and run a "Pop Up" coffee café called, *Coffee to Go*. The students took over 70 coffee orders for the café, via email or phone from other students and tutors at ARA, as well as make and deliver within a specified time limit. This was a great learning experience as the students all had to work together as a team, while under time and expectation pressure. Orders ranged from hot chocolates, cappuccino, lattes and in fact every variety the clients could imagine. Job well done.

Sanford Science and Technology Fair

The Sanford Science and Technology Fair, held annually, is an event where school students from Mid and South Canterbury are invited to display original exhibits of investigations that are scientific or technological.

Twenty two Timaru Boys' High students entered the 2018 Sanford Science and Technology Fair which was judged on Wednesday 12 September. They spent the afternoon at Caroline Bay Hall speaking with the judges about their investigations. Well done to all of you who entered.

The following boys helped with judging the Year 7 and 8 section: **Ethan Bowmar, Bryn Houghton, Flynn Parker, Nick Cummings, Ryan Greenslade, Cole Melhopt** and **Neil Paver**. The Science Fair committee appreciated the effort that these boys put in and the way they represented their school.

Junior Section

We had a good number of boys gain great prizes this year. In the Year 9 and 10 section, eight boys gained prizes. In the Intermediate Individual Science category, **Reuben Bowen** Year 9 received a BRONZE award with his project entitled: *Banana Breakdown*. **Nicos Shearer** Year 9 received a SILVER award for his project entitled: *Take half and leave half*.

The following boys received awards in the Technology Open section: **Ross McCulloch** Year 9 with his project: *Fire the Fire*, **Neil Meyer** Year 10 for his project entitled: *Speed of Light* and **Thomas Corbett** Year 10 with his project entitled: *Possum lures - what's best?*

Nathan Harbutt Year 10 for his project: *Nitrate fixing with Woodchips*, gained a SILVER award in the Intermediate Science Individual category and a Technology Open award. **Balkrishna Uniyal** Year 10 for his project: *Swing Chaps* gained a GOLD award in the Intermediate Science Individual category and a Technology Open award.

Sam Wilson Year 9 for his project entitled: *Pivots vs Roto-Rainers*, gained a BRONZE award in Intermediate Science Individual category, a Technology Open award as well as an ECAN (Environment Canterbury) award.

Senior Section

George Mulder Year 11 entered his investigation entitled *What's the best pasture growth provider in winter?* winning a SILVER award in the Senior Science Individual category as well as the Otago University Hands on Science Prize. George placed Second Overall in the Fair.

Bailey Lissington Year 12 (pictured right) entered his investigation entitled: *Without a Drought*, winning not only a GOLD award in the Senior Science Individual category, a Technology Open award, and a NIWA (National Institute of Water and Atmospheric Research) award but placing FIRST overall in the Fair.

The Science Department is very pleased with the effort and skill these boys have shown in carrying out and presenting their investigations. They can be extremely proud of themselves and be assured that they have a bright future in the Science field if they so choose.



Special Olympics South Canterbury SS Swimming Event

Congratulations to **Jonathon Smitham** who competed in the Special Olympics South Canterbury SS Swimming Event, recently held at at CBay. Jonathon came first in the 25m Freestyle, 50m Backstroke and 50m Freestyle. He also came second in the 4x25m Freestyle Relay.

A number of TBHS students volunteered to assist on the day, impressing the organisers with their efforts - their interaction, encouragement and cheering for the contestants was much appreciated, and helped make for a successfully run event. Thank you to those boys who assisted – you were a real credit to yourselves and represented Timaru Boys' High School well.



Year 13 Leavers' Dinner: Tuesday 4 December



The proposed Leavers' Dinner for the current Year 13s and their parents is set down for **Tuesday 4 December** at Seven Oaks. This is an evening where we celebrate the five years that the boys have been with us and share with guests some of the boys' fondest memories and their plans for the future.

The evening commences at 6pm and has a cost of \$40 per head which must be paid at the Student Office.

All boys have been emailed a form which requires a reply, confirming the number of family members attending - boys are able to bring two family members to this special occasion. Also on this form, for students intending to attend, there are two questions regarding their proudest accomplishment whilst at TBHS and their plans for the future. These responses will be read on the night so should be well written and thought out.

The boys have been asked to make known on their form any dietary requirements that the caterer will be required to know.

We look forward to you joining us to make this an enjoyable and memorable evening. If you have any queries, contact: Grant McFarlane, Year 13 Dean mcfarlanegr@timaruboysschool.nz



TBHS PTA

TBHS Fireworks

The TBHS PTA in conjunction with TBHS Football presents.....

The Great Fireworks & Gala Night
Stalls, Entertainment, Rock quest Bands, Food,
Competitions
AND FIREWORKS.

If you are able to help, please email Diane Segar on segardi@timaruboysschool.nz

Friday 2 November at Alpine Energy stadium
Save the Date!

2018 School Ball

On Friday 14 September, our annual school Ball was held in Hogben Hall and attended by invited Year 12 and 13 students. This year's theme was ARCADE and many of the characters from the iconic arcade games of the '80s were featured. **Tyler Sparks** and his Year 13 Ball Committee worked very hard to produce colourful decorations that reflected the theme.

The evening commenced with some formal dancing and the Year 13s were able to show off the effort that they had put into their dancing lessons. A hit at supertime was the chocolate fountain where ball-goers went through 7kg of chocolate as they dipped fruit and marshmallows.

We were very pleased by the respect shown for the event this year by all students who made an effort to have their behaviour reflect the formal nature of this school event. Thanks to all the staff who gave up their Friday evening to help supervise the Ball.

Thanks also to the **Event Hire Timaru, Thomas House Catering, Corporate Print, HirePool, Kolourcare, Bloomers, Peetie Security, TDC, and Fulton Hogan** who all helped to make our evening a success.



Sports Snippets

Basketball: South Island Premiership Tournament, Invercargill

Timaru Boys' High School finished in 8th place in the South Island Premierships in Invercargill. This has been the best result for many years, as this twenty four team event is always hotly contested. Only the top six teams advance to the National Finals in Palmerston North.

TBHS finished in 2nd place in their pool with wins over James Hargest College 82-64, John McGlashan College 92-79, Burnside 73-68, Marlborough Boys' 81-59 and losing only to the eventual finalist, Shirley Boys' 43-79.

In the crucial quarter final against Middleton Grange, the team competed well but could not contain the well drilled Middleton team, losing 87-74.



Unfortunately TBHS lost their Captain and big man, **James Watt** to injury in the 3rd quarter against Middleton Grange. Without James' presence near the basket, the last two games were going to be a big challenge. TBHS lost the remaining two games against St Andrew's and Rangiora, but the young Timaru side can feel proud of their efforts this year, as they have been an exciting team to watch. Their tireless effort on defence and their ability to shoot the 3 point shot bodes well for the future.

Senior A 2018

James Watt, Andre Phillips, Alvin Sutedja, Ben Robinson, Jack Crossan, Jack MacPherson, Seb van den Bosch, Andrew Cheung, Isaac Davies, Will Lyall, Jordan Henderson

Wrestling

Congratulations to **Jack Black** (pictured right) who has been selected for the New Zealand Wrestling Development Team and will be travelling with the squad to Indiana, USA in March 2019. He is also attending the New Zealand National Wrestling Championships on October 5th - 9th after placing 1st in his weight/age division at Canterbury, South Canterbury and Otago champs during the year.



Aoraki SS Mountain Biking Champs on Oamaru's Cape Wanbrow

The sun shone all day on the nine boys racing their mountain bikes on Saturday 15 September at Cape Wanbrow, a rocky headland overlooking Oamaru Harbour. Despite local schools having the home advantage on some very twisty tracks, we left with some great wins in both the Enduro and Cross Country races.

- **Sam Wilson** won the U15 cross-country race in his farm stubbies while the boys in lycra trailed in his dust!
- The U15 Enduro race was won by **Pero Forman**, with **Angus Hyde** coming 3rd
- The U19 Enduro race was won by **Liam Barclay**.



This is all good preparation for the upcoming South Island SS MTB champs held in Dunedin the last weekend of the holidays where a team of ten boys will be competing. And representing Timaru Boys' High School.

Enduro Boys L to R: Pero Forman, Liam Barclay, Josh Mills, Aaron Jefferson, Angus Hyde, Rainer Willcock

SISS Ice Hockey Championships

Three students from Timaru Boys' High School (**Flynn Linton, Gus Mackenzie and Lachie Lamb**) pictured right were members of a combined Ice Hockey team of players from Mackenzie College, Timaru Girls' High School and Otago Girls' High School.

These students spent four days at the 2018 Secondary Schools Ice Hockey Tournament in Dunedin from 3-5 September.

They are experienced players regularly playing in the Southern Ice Hockey League in the Under 15 and Under 18 teams but do not often get the chance to play together as a combined team, so they were really keen to do this. They greatly enjoyed the tournament and showed improved teamwork over the four days of the competition and are already planning to participate in 2019.



Rowing "Have a Go" Programme

There is an opportunity to have a go at rowing or coxswaining and see if the sport is for you. Take the opportunity to row on Sundays at 3pm, Mondays 4pm, Tuesdays at 4:30pm, and Thursdays at 6:30am - all at Saltwater Creek. **We realise some of you are still playing your winter sport so there are different days to choose from.** This ends with a novice camp held at Twizel (at the end of the school holidays) 12-14 October. See Mrs Staples for more information

TBHS Rowing

If you have any questions, please contact:

Rowing Managers **Paul McCully (027 3372573)** or **Chrissi Davidson (0274 587273)**
Or **Karen Staples – Teacher in Charge of Rowing TBHS stapleska@timaruboysschool.nz**

Winter Tournament Roundup.....

Winter Tournament week was held recently during Week 7 of Term 3 (3-9 September). We had a successful week with teams spread from Hamilton to Invercargill in Hockey, Basketball, Football and Rugby.

The **1st XI Hockey** had an excellent week in Tauranga and qualified for the Rankin Cup, the top tier competition in secondary schools hockey and progressed through to the quarter-finals where they lost a titanic struggle to Hamilton Boys on penalty strokes 5-4 after being locked up 2 all at the end of both regulation and extra time. They defeated another traditional New Zealand sporting powerhouse Auckland Grammar 3-0 in their final match to finish 7th, representing a tremendous effort for a school of our size on the National stage.

In Hamilton, the **2nd XI** also finished in 7th place in the Gallatley Shield. They had a number of very close competitive games, having been seeded in a tough pool that was decided on goal differential. This was a good week for developing the depth of our hockey and preparing some promising young players for the challenges of a tournament.

The **Senior Basketball** side had a pleasing week in the South Island Tournament held in Invercargill finishing in 8th position. Wins in pool play over James Hargest College, John McGlashan College and Marlborough Boys' College saw them qualify for the top eight, our best result in a number of seasons.

The **1st XI Football** side had an enjoyable week in Nelson at the Jim Wishart tournament, finishing in a creditable 5th position. Pleasing wins over Christ's College and Otago Boys' High School saw them through to this position having being knocked out of title contention by eventual tournament winners Shirley Boys' High School.

The **Under 15 Colts Rugby** team had a good tournament, recording wins in pool play over King's High School and hosts Nelson College before losing to eventual winners Shirley Boys' High School. They beat the traditionally strong Southland Boys' High School in the play-off for 3rd and 4th.

In a new initiative, John McGlashan hosted a mini **Under 14 Rugby** tournament also involving TBHS, St Thomas of Canterbury College and Southland Boys'. In a tournament of widely varying strength and big scorelines dominated by St Thomas's, we lost to them and recorded wins over Southland and John McGlashan.

BoT Student Election

BOARD OF TRUSTEES

Boards of state and state integrated schools with students above Year 9 must hold an annual Student representative Election in September each year. Any student enrolled full time in Year 9 and above, under the age of 20, is eligible to stand for election and vote in the school election for a

student representative. Student representatives have equal standing, voice, accountabilities and vote as other board members. Thank you to **Will Rushton** and **William Urquhart** who were willing to put their names forward for this position of responsibility and we congratulate William Urquhart on being the winning candidate.

The Arts

Primary Schools Music Tour 2018

The annual Primary Schools' Music Tour is a highly anticipated event on the Arts calendar. This year saw twenty of our students visit four schools in one day, performing a 45 minute concert at each one of these. The group consisted of pipe band, jazz band, soloists, tap dancing, and duos. It was a satisfying but busy day enjoyed by all. We are appreciative of the support we receive from the local primary schools who enable our students to take part in this event.



Arts Assembly 2018

Arts Assembly was held on Wednesday 19 September with many students coming across out stage to be presented with bars or colours and cups which they had earned in their respective fields.

This year we had the Hill family present a new trophy (Hill Family Trophy) in memory of their late son George who passed away in March this year at the young age of 17. George was a high achiever in the Arts at Timaru Boys' High School. This cup is awarded to a student who excels in their field outside of the school and this year, the Trophy was presented to **Caleb Cameron**.

The Arts Assembly also provides an opportunity to showcase the wonderful giftings of students through performance and readings, as well as display numerous visual art works around the hall.





Year 13 Ballroom Dancing

Caleb Cameron led the way by offering lunchtime ballroom dancing lessons to senior students, three weeks before our annual ball.

This challenge was eagerly accepted by many of the Year 13s. Wednesday night saw them bring their partners along and special thanks must go to Julie O'Neil and her husband on the Wednesday night, who gave our young some last minute tips on how to Waltz.

TBHS Choir

The Timaru Boys' Choir has reformed after having been in recess for a number of years.

Thank you to the TBHS Old Boys' Association for their support of this venture and to Lucy Dillon, Musical Director at St Mary's Church, who is assisting in leading the choir.

We currently have a group of twelve keen young men participating, a number that we hope to see grow in the coming years. Their first appearance was at the Waitaki Assembly, singing *Drake's Drum* alongside the team captains. At the moment they are working hard to learn a number of *Queen* songs ready to perform at the opening of the new *Queen* movie coming out in November. They will be singing *Queen* songs about 30min before each performance on the Saturday night.



OUTWARD BOUND

School Holiday Teen Course

Our Explorer course is the ideal start to life's great journey for teens aged 14-15 years.

This seven day programme is designed to give you the skills - and friendships - to help you find a clear path for growth.

Activities include tramping, camping, kayaking, running, sailing, swimming, rock climbing and high-ropes.

“ I swapped social media for adventure, worries for quality chats with new friends and my comfort zone for some crazy and unforgettable experiences. ”

Key outcomes include:

- Make friends and have fun
- Develop self-awareness and self-identity
- Increase confidence and motivation
- Experience success as a member of a team and develop team skills
- Develop an appreciation for the outdoors

Upcoming course dates

Thurs 27 Sep - Wed 3 Oct
Sun 7 Oct - Sat 13 Oct

To find out more get in touch on 0800 688 927

outwardbound.co.nz

TBHS CALENDAR Term 3-4 2018

(Please check the Google Calendar on our website for up-to-date information)

26-27 September Year 11 Telford Trip
28 September Junior Work Day
28 September Senior Conferencing
28 September **FINAL DAY Term 3**
28-30 September National Road Cycling Championships
1-14 October SI MTB Championships - Dunedin
15-19 October Green Week (All Senior Students in Class)
17 October Winter Sports Prizegiving
18 October Junior Social
22 October **Labour Day**

01 November Senior Prizegiving
02 November Year 8 Orientation/Testing
5-6 November Year 8 Thomas House Orientation
7-30 November NCEA Exams commence
14 November Aoraki Junior Volleyball
14 November Waitaki Junior Summer Exchange
15 November Aoraki Junior Touch
20 November Aoraki Junior Tennis
27 November John McGlashan Junior Exchange
13 December FINAL DAY Term 4