



HARVARD CENTRE  
ON THE  
DEVELOPING CHILD

Video: Number of video series

<https://www.youtube.com/channel/UChBjCaJyswxsEqz26TZrWRw>

Really good series covering many topics relevant to parents, professionals, trauma workers etc. Well worth a look. They add to this, so keep coming back for a look

Website:

[www.developingchild.harvard.edu](http://www.developingchild.harvard.edu)

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ROBERT WINSTON

<https://vimeo.com/142378753>

Neat quick video to help understand how myelination works. Shows how difficult it is to create the first connection between cells, and how repetition creates an easier and faster communication.

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SARAH-JAYNE  
BLAKEMORE

Video:

[https://www.ted.com/talks/sarah\\_jayne\\_blakemore\\_the\\_mysterious\\_workings\\_of\\_the\\_adolescent\\_brain?language=en](https://www.ted.com/talks/sarah_jayne_blakemore_the_mysterious_workings_of_the_adolescent_brain?language=en)

This video covers a study done that explains a lot around adolescent behaviour, especially around perspective taking. This one is quite long, so grab a cup of tea or coffee first!

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PODCAST SERIES  
WITH PIO TEREI

Search "I've Got Questions" or either of our names on Spotify, iTunes, Google Podcasts etc

A series of conversations between Pio and Kathryn, around various subjects. Some great information amongst a lot of laughs

TEDX TALK  
"NEUROSCIENCE OF  
DEVICE ZOMBIES"

<https://www.youtube.com/watch?v=vrOddAuNau8>

Fifteen minute TEDx talk on how screens can impact brain development. A good conversation starter...

ENGAGE ANIMATED  
VIDEOS – 'COOKIE'  
& 'KEY' STORIES

[http://www.engagetraining.co.nz/store/c1/Featured\\_Products.html](http://www.engagetraining.co.nz/store/c1/Featured_Products.html)

These animated videos explain the role of the managing brain, and the affect stress can have on us. Short and easy to watch.

ENGAGE  
STORYPARK VIDEO –  
WHY CHILDREN  
NEED STRESS

[https://www.youtube.com/watch?v=pf2gcxe13\\_M&t=1s](https://www.youtube.com/watch?v=pf2gcxe13_M&t=1s)

This video was produced by Storypark in association with Engage. It is a 7min summary of how engaging in stress can build resilience