

# School Swimming Lessons Information

## Amesbury School Juniors

Dear Parents/Caregivers,

Easyswim is pleased to be providing lessons for Amesbury School. Below is some information for parents about our programme. We aim to make lessons organised and stress-free for everyone. Easyswim has been delivering lessons for 20 years and currently operates in several school pools across Wellington. For more information about the school program scan this QR code link to a video from Todd Morton of Easyswim.



ESS - School Swimming Programme

Our mission is to:

*To run world class programs. Inspire children to be better, thrive on challenge and grow to be a good person.*

We want every child in our community to be able to swim 1000m by the end of Year 6. To help achieve this, we work closely with schools to share information and communicate these opportunities available to students. For more information about who we are, and the locations of our pools visit our website [www.easyswim.co.nz](http://www.easyswim.co.nz)

Please note that we don't want any swimmer to miss out on their lessons. If your child is unable to attend their school swimming session for any reason, we're happy to offer a catch-up lesson after school at a time that suits you.

We like all swimmers to wear a swimming cap. We have spare caps available at the pool for swimmers to borrow, and we also have hats available for purchase (\$15).

### Before Lessons Start

If you would like a free after-school assessment, we can arrange this. It's a great way to help children feel prepared and confident before their first day of school lessons.

If your child has higher needs or works with a teacher aide, we invite you to come in for a visit. We're also happy to provide a private session to help them become familiar with the new environment and ensure they have the best possible start.

**Important Health Information** – If your child has a tummy bug or diarrhoea, they will need to stay away from swimming. Our policy is to wait two weeks after symptoms have completely stopped before returning to the pool. We're happy to arrange free catch-up lessons after school or during the holidays so your child doesn't miss out.

### Missed Lessons – Free Catch Ups After School

We want to ensure all students receive their eight school swimming lessons. If your child misses a lesson due to sickness, we warmly welcome them to come in for a free after-school catch-up lesson. Just get in touch with our office and we'll arrange a time that suits you. Catch-up lessons can be taken up to one month after the school swimming programme has finished.

### **FAQs**

***My child does not do lessons at the moment is that an issue?*** Not at all. We have many first-time and beginner swimmers in lessons, and our teachers have experience supporting children who are new to the water.

***My child does lessons at another swim school, will school lessons impact that?*** Only in a positive way. If we know a child is swimming at another swim school, we avoid giving lots of technical advice and instead focus on core swimming skills.

If you have any questions, feel free contact us on

2347946 or [book@easyswim.co.nz](mailto:book@easyswim.co.nz)