

DEAR GOD,

PLEASE UNTIE THE KNOTS THAT ARE IN MY MIND, MY
HEART AND MY LIFE;

REMOVE THE HAVE NOTS, THE CANNOTS,
AND THE DO NOTS THAT I HAVE IN MY MIND.

ERASE THE WILL NOTS, MAY NOTS, AND MIGHT NOTS
THAT MAY FIND A HOME IN MY HEART.

RELEASE ME FROM THE COULD NOTS, WOULD NOTS
AND SHOULD NOTS THAT OBSTRUCT MY LIFE.

AND MOST OF ALL, DEAR GOD,
I ASK THAT YOU REMOVE FROM MY MIND, MY HEART
AND MY LIFE ALL OF THE AM NOTS, THAT I HAVE
ALLOWED TO HOLD ME BACK.

IN JESUS' NAME,

AMEN.

