



**TE  
MAHI  
AKO**



## **Te Mahi Ako is thrilled to announce the return of the all expenses paid Level 3 New Zealand Certificate in Sports Coaching scholarship!**

These scholarships are aimed at empowering young coaches to make a difference in their community. This initiative not only enhances the skills of community coaches nationwide but also aids younger coaches in attaining NCEA Level 2 and 3 qualifications.

In 2024, Te Mahi Ako granted 74 scholarships to beginner level coaches from 42 different codes across Aotearoa. Here is what some of the coaches had to say when they were asked if they would recommend this programme to others:

*"I would definitely recommend this programme to anyone who is either currently coaching or would like to coach. It's a great introduction to athlete-centred coaching and goes into depth to explain all the different aspects of coaching"*

*"I definitely would! It is a really good programme to get the basics of coaching down, as someone who has done multiple coaching courses for my code it was a super good refresher and helped me reach all areas I needed to touch on while also gaining knowledge about other sports codes"*

### **About the programme:**

The Level 3 New Zealand Certificate in Sports Coaching is a 40-credit qualification, designed to be completed in 10 months. It is for all beginner-level coaches, from any sporting code. The programme covers:

- Knowing yourself as a coach – your coaching philosophy
- Knowing your athletes – relationship building
- Observing and reflecting on different coaching styles
- Being a good sport
- Knowing your sport
- Safety management and injury prevention
- Delivering beginner level coaching sessions.

## Who can apply for the programme?

Beginner level coaches, 16 years and over, currently coaching three or more athletes within their sporting code.

### Requirements:

- Coaches must enrol with their sport club as the host organisation, or if employed as a coach they may enrol with their workplace as a host. If the coach is still at school, the school cannot be the host organisation.
- Club managers are required to sign a host agreement on behalf of the sport club stating that they commit to supporting coaches throughout their enrolment. This includes ensuring the coach has athletes for the required coaching sessions and verifying the coach's practical delivery assessments.
- Coaches must have access to internet and a laptop with a working camera and microphone.
- Coaches must also have access to a recording device for practical sessions or an evidence verifier approved by Te Mahi Ako.

### How is the programme delivered?

- Monthly 1 hour online mentoring sessions (see schedule below)
- Self-directed learning – completed through an online assessment portal
- Practical assessments – participating clubs are requested to support their coaches by enrolling them in the scholarship, providing athletes for coaching sessions, and assisting in the collection of evidence to verify coaching delivery.

### Online mentoring workshop schedule:

Days and times will depend on details you provide in your Expression of Interest Form (see link below).

Induction & Introduction: Week of 7th April (last week of Term 1)

Session 1: Week of 5th May

Session 2: Week of 2nd June

Session 3: Week of 7th July

Session 4: Week of 4th August

Session 5: Week of 1st September

Session 6: Week of 6th October.

**Link to our Expression of Interest form, [here](#).**

### Expressions of Interest close on Sunday 16 February 2025.

- All enrolments must be completed by 28 March 2025
- Expressions of Interest will be reviewed from 17 February
- A Te Mahi Ako regional advisor will contact you from 24 February to initiate your enrolment process.

