



HOW TO STUDY- A CBHS GUIDE

Time to put your thinking C.A.P. on; CONTENT + ACTIONS + PRACTISE



STEP 1: CONTENT

Use a combination of these study techniques to familiarise yourself with your subject content. Without knowing your content, you cannot succeed!

- * **Re-read** your original notes/novel/short story/case studies/etc
- * **Create** keyword lists
- * **Create** flashcards with keywords (front) and definitions (back)
- * **Create** flashcards with base equations
- * **Summarise** data and graphs into written explanations
- * **Create** and/or **access** class Quizlets
- * **Create** Mindmaps
- * **Create** SOLO Sequence Maps (for narratives or processes)
- * **Create** SOLO Describe⁺⁺ Maps (for essay plans)
- * **Create** SOLO Compare and Contrast Maps (for organising similarities and differences)
- * **Create** and **use** Vocabulary Probes
- * **Practise drawing** or **creating** or **labelling** base diagrams/models (mapping, graphing, chemical equations, science models, etc)

STEP 2: ACTIONS

Every subject and achievement standard will have ACTION words in the questions. Some common ACTION words are:

- | | |
|----------|----------|
| DESCRIBE | EXPLAIN |
| IDENTIFY | APPLY |
| ANALYSE | DISCUSS |
| JUSTIFY | COMPARE |
| CONTRAST | EVALUATE |
- * **Review** the CBHS Academic Word List resource that defines every ACTION word used in different subject areas
 - * **Review** old exam papers to identify which ACTION words are likely to be used in your exams
 - * **Define** each of those ACTION words that are likely to be used in your exams

STEP 3: PRACTISE

Combine your CONTENT knowledge with the academic ACTIONS and PRACTISE. PRACTISE has to be active. Use these techniques:

- * **Write** practise essays using old exam papers
- * **Create** mind maps to practise your recall of your CONTENT
- * **Create** KAHOOTs or QUIZLETS with a study partner to test each other
- * **Sort** key terms into categories or matching tasks
- * **Create** mind maps of essay plans to past exam papers
- * **Mark** an NZQA exemplar using a marking schedule to understand what is required
- * **Write** answers to past papers and **seek feedback** from your teacher
- * **Analyse** exemplars at different grade levels

EXTRA RESOURCES

- ♦ [Weekly Planning Tool](#)
- ♦ [Long Term Planning Tool](#)
- ♦ [Academic Word List](#)