

# Courses Supporting Parents



## Your Partner in Raising **Great Kids!**

We know raising awesome kids isn't easy and you don't always have hours to spend on parenting books. That's why we created a set of **five short, to-the-point courses** (in audio and written form) aligning to the Empowering Tamariki Programme, delivered in Primary Schools.

Our parent courses help you tackle the tough stuff with confidence.

### **Our courses cover:**

- ✓ Dealing with bullies
- ✓ Encouraging good manners
- ✓ Managing big emotions
- ✓ Teaching leadership & character; and
- ✓ Keeping kids safe from strangers

The courses are simple, supportive, and super practical, parenting help that fits your life.

**Let's raise Respectful, Resilient kid's together!**

**Get started now:**

[www.empoweringtamariki.co.nz/parents](http://www.empoweringtamariki.co.nz/parents)