



BRAINY PARENTING

BY NATHAN WALLIS

Understanding The Teen Brain

Free webinar screening

**Marlborough Boys'
College Hall**

17th March, 6-7.30pm

Food and drinks available to
purchase

Who it's for:
Parents of teens,
educators,
coaches, youth
workers.

What you'll learn

- Why adolescence rewires the brain
- Mood swings and risk-taking explained
- How to connect when teens push away

Results you'll see

- ✓ Fewer power struggles at home
- ✓ More patience with mood and behaviour
- ✓ Stronger relationship through teen years