

No-sugar Fizzy Drinks

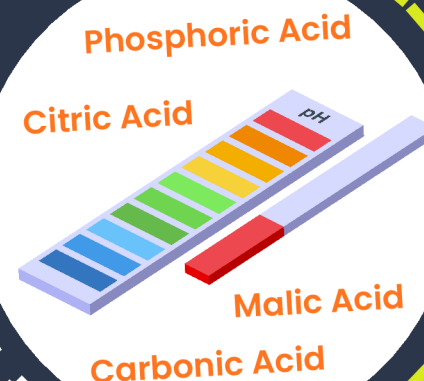
may be SUGAR-FREE...



These diet drinks...



but they're **NOT ACID-FREE!**



Did you know?

Sugar-free fizzy drinks still have acids in them. These acids can wear away our tooth enamel. The more often we have acid on our teeth, the higher our risk is for tooth decay. Choose plain water or plain milk for your everyday drinks!