

PLEASE SAVE THIS INTO YOUR OFFICE ADMINISTRATION SYSTEM FOR  
FUTURE REFERENCE.

**SOUTHLAND PRIMARY SCHOOLS ATHLETICS SPORTS  
SURREY PARK ATHLETICS STADIUM, INVERCARGILL**

**SATURDAY 22 nd MARCH 2025**

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*And the*



This information is also available on the Athletics Southland website

**PLEASE FIND ENCLOSED THE FOLLOWING**

- On-line entry details
- **Age Group ages are age as of December 31, 2024**
- Pre-meet information for Zone managers  
Reminders for 2025, Information for parents and contact people
- **ZONE MANAGERS MEETING Saturday 22nd March, 8am**  
All managers must attend this at the St Paul's Clubrooms.
- Zone responsibilities for 2025  
**ZONES ARE NOT REQUIRED TO BRING ANY GEAR**
- 2025 Programme
- Info about events for children with disabilities

### Online Entry Details - Same system as last year

This year those in charge of entering athletes have the same login details as last year. If you are new to the role, please get in contact with the person from your zone who entered your athletes last year to get the log in details for your zone.

If you can't find these details anywhere, please contact Henry Tudor [at hjtudor6@gmail.com](mailto:hjtudor6@gmail.com) so that he can help you,

Note this could take more time to sort, so please contact Henry well before entries close. Last year's athletes will be in the system already you will just have to put them up an age grade.

This could be done before your Zone champs.

Then after your zone champs, you need to input your athletes' names and then you can add the events they are entering.

Watch this link to help you with entering athletes.

[https://www.youtube.com/watch?v=w\\_yc6ymiono&list=PLUKHSjiCwEs88xSG4DFMFTs9j7l6vPtgh&index=18](https://www.youtube.com/watch?v=w_yc6ymiono&list=PLUKHSjiCwEs88xSG4DFMFTs9j7l6vPtgh&index=18)

- The number of entries from a zone is limited by the meeting rules (**two per age group per zone or four per age group for SBHS, SGHS, JHJC, and Eastern**). Please stay within the limits or you may find your top Athletes are not entered.
- **Ages are at 31<sup>st</sup> December 2024.**
- All entries must be entered by 6 pm Monday 17<sup>th</sup> March 2025. Changes can be made to entries by zone managers up until Monday 17<sup>th</sup> March.
- There will be **NO on-the-day entries or changes**, other than scratchings, you **must** have all entries in by the above time or your children will **NOT** be able to compete.
- Any Athlete can only be entered in **four events plus a relay**.
- Mistakes in age, gender, spelling and events can be fixed by you up until the close-off date. After that time, we will only scratch athletes.
- South Otago students may not be the Southland Champion. They will receive the place and the prize, but the next Southland student will be the Southland champ and receive the Southland Champion hoodie.
- Please get your athletes who win an event to come to the control room to get sized up for their hoodie, once the official result has been posted on the results board.
- Relay teams must be entered online with all other entries.
- The Nerf Throw is **only** available for 11 and 12-year-old boys and girls please do not enter younger age groups in this event.

### Information for Zone Managers

- Zone Managers Meeting: Saturday 22nd March 8.00 am. **All must attend.**
- **TRACK:** Ages 7 to 9 may use a crouch or standing start, **with no spikes or blocks.**
- **TRACK:** Ages 10, 11 and 12 **may** use a crouch start for races up to 200 m. If using spikes for races up to 200m- blocks **must** be used, or athletes will need to remove spikes.
- There is **no** 9-year-old 1,500m.
- **SPIKES SHOES:** Ages 10 and above **may** use spikes in the 100,200m, 800m, 1500m, Long Jump and High Jump.
- **LONG JUMP: 12-Year-olds** will jump off the whiteboard. Everyone else will use the coloured metre board.
- **THROWS AND PUTS:** Children must wear footwear during these events.
- **Only throws that meet the competition entry standard will be measured on the day. Schools, please use the Southland Primary Schools Standards as a guide to entering children.**
- **HIGH JUMP:** As an association, we strongly discourage the use of the Fosbury Flop unless students have been specifically coached in the correct technique. Athletes coached in and using this technique may use it at their own risk, the association accepts no responsibility for any injuries that may occur.
- **RELAYS:** Teams must be confirmed before the event with online entries.
- **COMPLAINTS:** Any complaints are to be directed to the Control Room- Jane Muir
- Children and spectators need to be prepared for all weather-wet or fine!

### Contact People

- Athletes with Disabilities and general inquiries, Jane Muir: [bathanmuir@xtra.co.nz](mailto:bathanmuir@xtra.co.nz)

**If you need any coaching tips, please contact your local athletic club.**

**Online Entries - Henry Tudor [hjtudor6@gmail.com](mailto:hjtudor6@gmail.com)**

### **For Parents, Spectators and Teachers**

- The programme of events will be available at your school and on the **Athletics Southland** website.
- Results from the day will also be posted on the results boards at the track and after the event on the **Athletics Southland** website.
- Food will be available for purchase but please ensure your child has additional food and refreshments.
- Please ensure your child has clothing for all conditions.
- There is a charge for spectators: **\$2 Child, \$3 Adult, athletes free.**
- Only throws that meet the competition entry standard (as sent to schools) will be measured on competition day.
- The **first Southland Athlete** in each event will receive a Southland Champion Hoodie (One per athlete)
- Please bring your copy of the programme of events.

### Zone Responsibilities

Please ensure that your zone has your event fully manned for the day!

<b>TRACK</b>	
<b>Starter</b>	Athletics Southland
<b>Assistant starter</b>	Athletics Southland
<b>Marshalls</b>	Southern (2)
<b>End-of-track judges</b>	SGHS (2) <b>Southern (2)</b>
<b>End of track recorders</b>	Phoenix (2)
<b>Timekeepers</b>	Phoenix (2)
<b>AWD's</b>	Athletics Sub Committee
<b>FIELD</b>	
<b>High Jump</b> Morning Afternoon	<b>Pit 1</b> Central (4) Northern (4) <b>Pit 2</b> Eastern (4) All Day
<b>Long Jump Morning (East Pit)</b> Afternoon All Day (West pit)	LMV/Menzies (4) until 12.15 KIWI (4) 1.00 and 1.45 round South Otago (4)
<b>Shot Put 1</b>	Avenal (4)
<b>Discus 1 (By 200m start)</b>	Western (4) 10 am, 11.30, 1.45, 3.15 rounds
<b>Discus 2 (By 1500m start)</b>	Otarewa (4) 9.15, 10.45, 1.00 and 2.30 rounds
<b>Nerf throw</b>	James Hargest (4)
<b>Relays</b> Report 3.15 pm Control	Athletics subcommittee SBHS (6) on changes, SGHS (3) marshalling teams in the infield
<b>CONTROL ROOM</b>	
<b>Announcer Morning</b> Afternoon	Stu Brown Julian Ineson
<b>BBO</b>	Athletics Southland Clubs
<b>First Aid</b> (Situated in the Invercargill Athletics Club Rooms)	TBC
<b>Control Room &amp; Results</b> Morning Afternoon All Day	James Hargest (3) 10.00-2.00 pm Verdon/All Saints (3) 2.00pm – 5.00 pm Kiwi (2)

## **AWD**

### **60m, Shot and Discus and Long Jump**

There will be three age classifications

Years 1-3

Years 4-6

Years 7-8

**THIS YEAR STUDENTS WITH DISABILITIES MUST BE ENTERED THROUGH ZONES ON THE ONLINE SYSTEM THAT ALL OTHERS ARE ENTERED THROUGH.  
THERE IS NO LIMIT ON HOW MANY ATHLETES WITH DISABILITIES EACH ZONE CAN ENTER.**

Athlete with Disability/ **Intellectual**: Students who are below their peers in their intellectual functions and who receive 5 or more teacher aide hours per week. If the student is in a special needs centre and doesn't receive the teacher aide hours they still qualify.

Athlete with Disability/ **Wheelchair User**: Students who use a manual wheelchair for mobility, students who have a loss of function in their lower limbs.

Athlete with Disability/ **Physical**: Students who are disadvantaged in relation to their peers due to a physical impairment such as cerebral palsy, spina bifida, prosthetic limb, etc.

Athlete with Disability/ **Visually Impaired**: Student who qualifies to be a member of the Royal NZ Foundation of the Blind.

**Tell these children to meet at 10.30 am near the Invercargill Clubrooms at the track.**

## PROGRAMME

### SOUTHLAND PRIMARY SCHOOL ATHLETIC CHAMPIONSHIPS

Saturday 22nd March 2025  
SURREY PARK INVERCARGILL  
TIMETABLE

Field			
Event No.	Time	Age Group	Event
1.	9.15-10.00	9B	Long Jump (W)
2.		9G	Long Jump (E)
3.		10G	High Jump
4.		10B	Discus ( <sub>1500m</sub> start)
5.		11B	Shot Put
86.		12B	Nerf Throw
Track			
6.	9.00	10G	1500m
7.		10B	1500m
8.	9.15	11G	1500m
9.		11B	1500m
10.	9.30	12G	1500m
11.		12B	1500m
Field			
12.	10.00-10.45	12B	Long Jump (W)
13.		12G	Long Jump (E)
14.		9B	High Jump
15.		10G	Discus ( <sub>200m</sub> start)
16.		11G	Shot Put
Track			
17.	10.05	7G	100m Heats
18.	10.10	7B	100m Heats
19.	10.15	8G	100m Heats
20.	10.20	8B	100m Heats
21.	10.25	10G	100m Heats
22.	10.30	10B	100m Heats
23.	10.35	11B	100m Heats
24.	10.40	11G	100m Heats
25.	10.45	12G	100m Heats
26.	10.50	12B	100m Heats

49.	11.00	AWD	60 m Final
Event No.	Time	Age Group	Event
Field			
27.	10.45-11.30	8B	Long Jump(W)
90.		AWD	Long Jump (E)
29.		11B	High Jump
30.		9G	Discus ( <sub>1500m start</sub> )
31.		9B	Shot Put
32.		AWD	AWD Discus, By 100m start
48.		AWD	AWD Shot Put
49.		AWD	AWD 60m
87.		12G	Nerf Throw
Track			
33.	10.55	9G	100m Heats
34.	11.00	9B	100m Heats
35.	11.10	10G	200m Heats
36.	11.15	10B	200m Heats
37.	11.20	11G	200m Heats
38.	11.25	11B	200m Heats
39.	11.30	12G	200m Heats
40.	11.35	12B	200m Heats
41.	11.40	9G	200m Heats
42.	11.45	9B	200m Heats
Track Lunch Break			
Field			
43.	11.30-12.15	10B	Long Jump (W)
44.		10G	Long Jump (E)
45.		11G	High Jump
46.		12G	Discus ( <sub>200m start</sub> )
47.		12B	Shot Put
Field Lunch Break			
Track			
50.	12.40	7G	60m Heats
51.	12.45	7B	60m Heats
52.	12.50	8G	60m Heats
53.	12.55	8B	60m Heats
21F.	1.05	10G	100m Final



22F.	1.10	10B	100m Final
Event No.	Time	Age Group	Event
23F.	1.15	11B	100m Final
24F.	1.20	11G	100m Final
25F.	1.25	12G	100m Final
26F.	1.30	12B	100m Final
17F	1.35	7G	100m Final
18F	1.40	7B	100m Final
19F	1.45	8G	100m Final
20F	1.50	8B	100m Final
33F	1.55	9G	100m Final
34F	2.00	9B	100m Final
Field			
54.	1.00-1.45	11B	Long Jump(W)
55.		11G	Long Jump(E)
56.		12B	High Jump
57.		9B	Discus ( <small>1500 m start</small> )
58.		10G	Shot Put
Track			
59.	2.10	10G	800m
60.	2.15	10B	800m
61.	2.20	11G	800m
62.	2.25	11B	800m
63.	2.30	12G	800m
64.	2.35	12B	800m
65.	2.40	9G	800m
66.	2.45	9B	800m
50F.	2.55	7G	60m Final
51F	3.00	7B	60m Final
52F	3.05	8G	60m Final
53F	3.10	8B	60m Final
35F	3.25	10G	200m Final
36F	3.30	10B	200m Final
37F	3.35	11G	200m Final
38F.	3.40	11B	200m Final

39F.	3.45	12G	200m Final
40F.	3.50	12B	200m Final
41F.	3.55	9G	200m Final
42F.	4.00	9B	200m Final
Field			
67.	1.45-2.30	10B	High Jump
68.		12B	Discus ( <sub>200m start</sub> )
69.		9G	Shot Put
28.		8G	Long Jump (E )
89.		11G	Nerf
70.	2.30-3.15	12G	High Jump
71.		11G	Discus ( <sub>1500m start</sub> )
72.		10B	Shot Put
88.		11B	Nerf
Track			
73.	4.10	8G	Relay
74.	4.15	8B	Relay
75.	4.20	9G	Relay
76.	4.25	9B	Relay
77.	4.30	10G	Relay
78.	4.35	10B	Relay
79.	4.40	11G	Relay
80.	4.45	11B	Relay
81.	4.50	12G	Relay
82.	4.55	12B	Relay
Field			
83.	3.15-4.00	11B	Discus ( <sub>200m start</sub> )
84.		12G	Shot Put
85.		9G	High Jump

NB: Only throws meeting the entry standard will be measured in the competition.