



CROMWELL
FREE COURSE

The Incredible Years

Parenting programme

Gain practical parenting skills.

Our Incredible Years course will help you develop strategies to better understand and support you to build a healthy relationship with your child, as well as meet other parents who can relate to your challenges. There are no fees for attending this course, which meets once a week for 14 weeks (excluding school holidays).

Cromwell course 18 March - 24 June 2026
Enrolments open now for Wednesday evenings (6pm - 8.30pm)

To enrol or for more information please contact

Central Otago Family Works:

familyworkscentral@psotago.org.nz

freephone 0508 396 678

phone or text Tamara Jones 027 418 2192

or Frances Petuha 027 239 4384

**Talk to us if travel and or childcare costs are
a barrier to you attending*


✱ Presbyterian Support Otago

psotago.org.nz/incredible-years