UNDERSTANDING PATHWAYS TO SUPPORT

Join Rose Carson, Senior Clinical Psychologist, and Dr. Jacqui Johnson, Registered Social Worker and Specialist ADHD Coach, for an engaging and informative session designed for parents, caregivers, and educators.

Together, Rose and Jacqui will share a strengths-based, collaborative approach to supporting tamariki with ADHD, mental health, and developmental needs. This session is aimed to deepen your understanding, and gain insights into how to best support neurodiverse children and young people.

Who should attend:

Parents, caregivers, teachers, learning support staff, SENCOs, and anyone involved in supporting neurodiverse tamariki and rangatahi in Aotearoa.

Event details:

Date: Thursday 11th September

Time: 6-7pm

Location: Villa Maria College

Register your interest: rose@carsonpsychology.com





Understanding Pathways to Support: An Educational Talk for Parents and Educators

Navigating the support system for children and young people can feel overwhelming — but it doesn't have to be.

Join us for a practical and informative session designed to help parents, caregivers, and educators better understand the Pathways to Support available for children with mental health and developmental needs.

Led by **Rose Carson**, Senior Clinical Psychologist, and **Dr. Jacqui Johnson**, Registered Social Worker and Specialist ADHD Coach, this session draws on their collaborative, strengths-based, multidisciplinary model of care. Their work focuses on creating clear, supported pathways for whānau, with particular attention to the challenges children often face in educational settings.

By recognising that tamariki thrive within a broarder system of care, this session will help you understand how to access services and implement responsive, informed strategies that work.

What You'll Learn:

- How to access psychological assessments and therapeutic interventions
- Referral pathways to psychiatrists and what to expect from medication support
- Public vs. private services what's available and estimated wait times
- How to coordinate ongoing support across home and school environments
- The role of collaborative care involving whānau, GPs, and specialists

Whether you're supporting a child at home or in the classroom, this session will provide clear, actionable guidance to help you connect with the right services at the right time.

Empower yourself with knowledge — because every child deserves the support they need to thrive.

Register your interest by emailing rose@carsonpsychology.com. Spaces are limited.



