Our Kids Online

Additional Resources

Thank you for joining us to learn about the potential online dangers our children face and how we can better protect them.

This interactive PDF contains some of additional tips and recommendations in relation to solutions. Please note further information/detail can be found by viewing our documentary and on our website.

IDENTIFYING VULNERABILITY

- Be aware of your child's emotional developmental stages.
- Introverted children may spend more time online.
- Very curious kids need us to step in to answer questions as well as keep them safe practically.
- Empathic/easily influenced kids more at risk re predators.
- Neurodiverse children may be more at risk online.
- Changes social/family circumstances.
- Identification with the Rainbow Community

DEALING WITH EXPOSURE

- Stay Calm.
- 'No Shame' Policy – affects your child's judgment on whether you are a safe space & how they feel about themselves in terms of their feelings around exposure.
- Get the Facts.
- Talk to their emotions – how did it make them feel etc.
- Know the reporting procedures for anything that needs the involvement of the authorities, such as Keep It Real Online Reporting Netsafe or the NZ Police.
- Seek professional help if your child is struggling.

Our Kids Online
EDUCATING COMMUNITES
KEEPING KIDS SAFE

MORE RESOURCES

- Documentary – Our Kids Online: Porn, Predators & How to Keep Them Safe.
- Documentary – Childhood 2.0.
- Documentary – The Social Dilemma.

- Video Play 'Two Nights' for teens.
- Recommended short videos & TEDx Talks/Interview.
- Filters, Monitoring Apps, Reviews & How To's
- Recommended books.
- Office of Film & Literature Classifications – Various reports on content exposure.
- Netsafe Report re interaction with online strangers.
- Bark Annual Report – 2.1 billion messages analysed
- Planet Puberty – Website for Parents of Neurodiverse children.
- Sexual Behaviours chart
- Helplines

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