

HOURS: MON-WED 9AM - 4PM

THUR-FRI 9AM - 3PM

South Centre

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TE WHARE MANAAKI

South Centre Anglican Care

Newsletter MAY 2025

What's Happening This Month

The team at South Centre have been busy within the community. Over the last few months we have gained a few new faces. Feel free to introduce yourself when popping in.

The Cottage 2nd time around clothing: We have a selection of clothing in various sizes and styles. Community members are welcome to come and have a every Thursday between 11am - 12 pm. Although the clothing is free a gold coin donation is always appreciated.

HELP! Our freezer has given up and we are looking for a suitable replacement, we also need a small bar fridge for our cottage. If you have either one of these looking for a new home please contact the office if you can help. Ph 03 218 2777.



Wishing everyone a Happy Mother's Day for Sunday 11 May

"There's no way to be a perfect mother, and a million ways to be a good one."



H.A.R.D

HEALING AROUND REAL DILEMMAS

What is the Aim?

The aim of H.A.R.D. is to reduce the use of methamphetamine
Support individuals and whanau to make change
Empower individuals to reach their potential
Are you struggling with methamphetamine addiction?
Do you want abstinence or reduction with methamphetamine use?

Would you like support with guidance and motivation on your journey?

Does methamphetamine impact on your household or daily life?

Contact South Centre today

What is the most important thing in the world?

It is the people, it is the people, it is the people

Welcome Sandra



Hi everyone. I am Sandra Hastie. I joined South Centre as a Family Support Worker just before Easter. I came here following a short break from a Social Work career of nearly four decades. I am enjoying trying a new area of work supporting whanau and families and working in the Invercargill Community. I am a mother to two adult children, two pet sheep, and a ginger cat. I came to Invercargill thirty years ago following a childhood in Central Otago, University, working in Christchurch, Greymouth and Auckland as well as overseas travel. After moving to Invercargill, I married a Southland farmer and have remained in Southland ever since. I love cooking, walking, biking, reading and gardening.

Pink Shirt Day - Friday 16 May

Come see our team in South City where we will be talking to our community about bullying.



Pink Ribbon Day - Thursday 22 May

South Centre proudly supports breast cancer awareness.



Homebound Elderly

Do you know any elderly who are lonely or socially isolated and would benefit from a visit with our Community Worker? For further information please call our office ph. 03 218 2777

Garden Friendship Group

Meeting: Wednesday 14 May

Time: 1.30 pm

This month: Meet some of our wonderful South Centre team and find out what they do in the community.
Please bring a plate to share for afternoon tea.

