

Southland Primary Schools Standards

The following standards are a guide to help you decide if an athlete is at a suitable level to compete at the Southland Primary Schools Championships.

(NB A slight change to the girl's 10 and 11 discus standard)

Event	7G	7B	8G	8B	9G	9B	10G	10B
60m	13	11	12	10				
100m	21	20	21	19	20	18	19	17
200m					38	35	36	33
800m					3.25	3.15	3.10	3.00
1500m							6.20	6.05
LJ			2.80	3.10	3.00	3.20	3.30	3.50
HJ					0.90	1.00	1.00	1.10
SP					5.50	6.50	6.00	6.80
D					13	14	12	15

	11G	11B	12G	12B
100m	18	15	17	14
200m	35	32	34	31
800m	3.10	2.55	3.0	2.24
1500m	6.15	6.00	6.10	5.50
LJ	3.40	3.50	3.50	3.70
HJ	1.05	1.10	1.15	1.20
SP	6.50	7.00	7.00	7.50
D	13	18	15	18

Source: Primary Athletics by Lance Smith Athletics Southland

Note only distances above these standards will be measured on the day.