

Reward Ideas for Happy Teeth



Try these great
non-food reward
ideas for a healthy
happy smile!

School-Based Rewards

- Extra art, reading or library time
- Sitting with friends or in a special seat
- A special certificate from the teacher or principal
- Being the 'Student of the Day' or 'Classroom Helper'
- Acknowledgment during assembly or in a newsletter

Extra Time & Privileges

- Extra playtime or special 'free choice' time
- A special outing or extra time for a favourite activity
- A movie night, family game night or a sleepover with friends
- Choosing a bedtime story or helping to plan an activity or outing

One-on-One Time

- Reading a book or playing a game together
- Working on an activity, baking or crafting together

Small Items & Tokens

- Stickers, temporary tattoos, fun stationary or art supplies
- Books, magazines, comics and bookmarks
- Trinkets, wristbands, magnets, frisbees, trading cards
- Activity sheets or pocket card or games sets
- Coupons, vouchers, gift certificates or play money

Active Rewards

- A new ball, jump rope, or hula hoop
- Trip to a park, beach or playground
- Time to play a favourite sport or outdoor activity
- A bike ride, walk or swim with family or friends