

WHY TRAIN WITH US?

- Locations throughout NZ
- Traditional martial arts values
- Comprehensive approach including evasion, hand strikes, kicking, throwing, and submissions
- Famous Shaolin animal styles and Qi Gong breathing
- 18 traditional Chinese weapons

Our classes are designed to be productive and rewarding for all ages!

DAYS & LOCATION

TUESDAYS & THURSDAYS Fendalton Community Centre 170 Clyde Road, Burnside

CONTACT

ELIZABETH NEILSON christchurch@shaolinkungfu.co.nz 021 0223 6213

www.ShaolinKungFu.co.nz