



Te Kura Whaiora Ki Te Tonga
Southern Health School

CUPPA & CONNECT

A get-together for SHS parents & whānau



Are you a parent or caregiver of a Southern Health School Student?

Come and join us for a relaxed catch-up with other SHS families.

Join us for good company, a hot drink, and a chance to connect with people who *get it*.

What's it about?

- We understand parenting an unwell child can be challenging and invite you to take a small breather from daily life
 - Friendly, informal get-togethers for SHS parents & caregivers
 - A chance to share experiences and make connections
 - Warm refreshments provided
 - Everyone welcome
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Thursday 21st May, 7-8pm
Southern Health School classroom
2 Halswell Road, Hillmorton, Christchurch 8025