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## TE WHARE MANAAKI

South Centre Anglican Care

## NEWSLETHIER APRIL 2025

Welcome to our newest team member, Nadine.
Kia ora kotou, Ko Nadine toku ingoa.
I am the newest Family Support worker at South Centre. I came here from PACT, working as a support worker and studying the Diploma in Health and Wellbeing last year.



I am mum to three children and grew up in South Invercargill. I have a lot of life experience to bring to this role. I love food, bush walks, the beach and talking/listening. I am excited to get out into our community and support family and whanau to reach their goals and also engage with other resources in our community. Look forward to hearing from you, Nga mihi nui.

## CONGRATULATIONS

A fabulous occasion full of love and joy as the Right Rev'd Anne van Gend was ordained as the 11th Bishop of Dunedin today at Saint Paul's Cathedral on 29 March 2025.



South Centre team members networking with teams from Nga Kete.





A reminder we will be closed on the following dates: EASTER HOURS: Friday 18, Monday 21, Tuesday 22nd April. ANZAC DAY - Friday 25 April

## **WEEKLY EVENTS AND ACTIVITIES**

MONDAY
 HEALTHY WELLBEING WEIGH-IN GROUP
 9.30-11.00 AM \$1 (50C FINES)

SIT & BE FIT YMCA EXERCISES 2.30-3.30 PM \$4 PER SESSION

- TUESDAY
   EUCHRE CARDS 1.30 PM 4 PM S3
- WEDNESDAY
   FALLS PREVENTION YMCA EXERCISES
   1-2 PM S4 PER SESSION
- THURSDAY
   FALLS PREVENTION YMCA EXERCISES
   9-10 AM \$4 PER SESSION
- FRIDAY
   EVERY 2ND FRIDAY SEWING FROM 10 AM TO 2 PM
  DATE 11 APRIL

South Centre would like to acknowledge the recent passing of our long term board member Venerable Arch Deacon Miki Thompson. Miki was a much loved and treasured member of the South Centre Board for many years right up until 2021. Our thoughts are with the Thompson Whānau at this time.







Photo credit Thompson Whānau

Garden Friendship Group - Wednesday 9 April
Easter Craft-ternoon, 1.30 pm South Centre
Cottage. Feel free to bring a craft, we will have an
Easter Bonnet decorating challenge. (materials
provided)

Please bring a plate to share for afternoon tea

Thank you to the generous people who donate to us. South Centre accepts donations of food and cleaning products, clean clothing, bedding, toys etc.

Drop off times are between 9 am and 1 pm Monday to Friday, or by arrangement. Any cash donations please deposit to bank account: South Centre - Westpac 031745-0039975-00