

Kia ora,

With the school year for 2026 now underway, we are excited to let you know that Grown Together will be continuing to offer parenting courses to support the whanau within our community.

In **Term Two 2026** we will be running:

- *Game on for Dads*
- *Parenting Toolbox for Preschool Years*
- *Parenting Toolbox for Primary Years*
- *Parenting Toolbox for Teenage Years*

In **Term Three 2026** we will be running our second Space course for 2026, for babies born between April and July this year.

We would love if you could share the information on these courses with your community.

We have written a small course summary and a graphic which you could include in your newsletters or social media.

For more information you can visit www.growntogether.nz

We appreciate your continued support in getting the word out to whānau!

Game On for Dads – Term Two

A free, six-week course for dads, stepdads, and father figures. Build connection, confidence, and community as you navigate parenting.

This course is about looking at ways that we as dads can be the best we can be for our kids. Our kids don't come with an instruction manual – (and who actually reads those?) – so it's good to learn stuff that might help us to help them.

Begins 29th April - Wednesdays for six weeks

7:00 – 9:00pm

44-46 Rothwell Street, Timaru

Supper provided

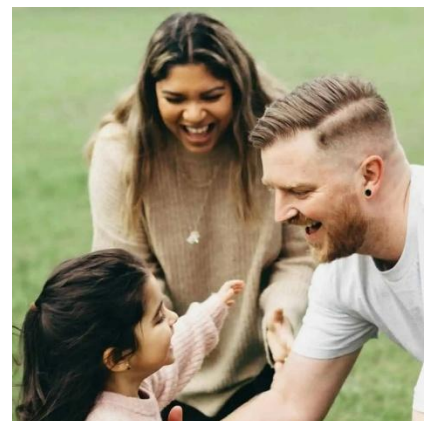
Register here: [Game on for Dads - Grown Together](#)



Parenting Toolbox Preschool Years - Term Two

Parenting your toddler or preschooler comes with a surprising number of unexpected challenges! Sleep deprivation, strong-willed two-year-olds, picky eaters and food flying everywhere!

Over six weeks, we'll cover all of this and more with plenty of opportunities for discussion and questions. We're sure you'll come out the other end feeling confident and ready to tackle the toddler and preschool years with your kids.



Begins 4th May - Mondays for 6 weeks

7:00 – 9:00pm

44-46 Rothwell Street

Register here [Preschool Years - Grown Together](#)

Parenting Toolbox Primary Years - Term Two

Just when we all think we're getting the hang of this parenting thing, our toddlers become 5-year-olds going on 13-year-olds and we find ourselves facing a whole set of new challenges! Starting school, navigating friendships and deciding how many hours of screen time are too many hours of screen time?

Over six weeks, we'll cover all of this and more with plenty of opportunities for discussion and questions. We're sure you'll come out the other end feeling confident and ready to tackle the primary years with your kids.



Begins 30th April - Thursdays for 6 weeks

7:30 – 9:00pm

44-46 Rothwell Street

Register here [Primary Years - Grown Together](#)



Grown Together

Parenting Toolbox Teenage Years - Term Two

Just when we all think we're getting the hang of this parenting thing, our children become teenagers and we find ourselves facing a whole set of new challenges! Rapidly changing technology, the ups and downs of teenage moods and ever-present in the back of our minds... Puberty!

Over six weeks, we'll cover all of this and more with plenty of opportunities for discussion and questions. We're sure you'll come out the other end feeling confident and ready to tackle the teenage years with your young people.



Begins 28th April - Tuesdays for 6 weeks

7:00 – 9:00pm

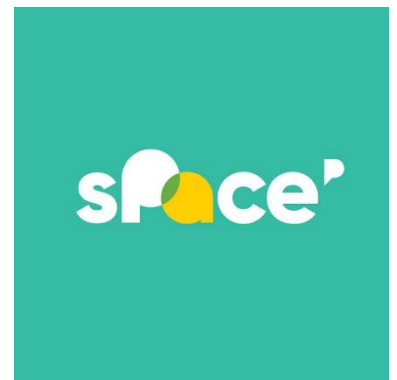
44-46 Rothwell Street

Register here [Teenage Years - Grown Together](#)

Space - Term Three

Space groups meet weekly, allowing you to build great relationships with others. You begin Space when your baby is 0-4 months and the course tracks with you and your baby's development. You'll discuss sleeping, becoming a parent, establishing attachment, sleep, play, brain development, relationship changes and so many other relevant topics.

Join us and explore music, books, crafts and different play experiences with your baby while you connect with other parents.



For Babies born April to July 2026

Begins 23rd July and runs for 19 weeks each Thursday 10:00am – 12:00noon

44-46 Rothwell Street

Morning Tea Provided

Register here [Space - Grown Together](#)

