

# GREEN ISLAND WOMENS RUGBY 2026





# CONTENTS

---

**Come Play Rugby At Green Island**

---

**Women's Rugby at Green Island**

---

**Club Information**

---

**Club Culture: What it means to be a Grizzly**

---

**Innovation: Live Scrum Machine  
VEO Camera**

---

**Summary**

---

**Contact Information**

---

# COME PLAY RUGBY AT GREEN ISLAND

**Looking for a fresh start?  
Chasing a new life experience?  
Keen to join an awesome rugby club?**

Come play rugby with **Green Island RFC** in **Dunedin, New Zealand!**

If you're searching for the perfect place to play, Green Island is it. We value every player and take pride in supporting them both on and off the field

## **A True Southern Welcome**

Green Island is one of the most welcoming rugby clubs you will find. We are passionate about the game and the camaraderie it brings.

Green Island is more than just a rugby club – we are deeply embedded in the local community. Many describe our club as one extended family.

Our players are humble and share a strong, enduring bond.

Off the field, we foster a vibrant social environment.

The club also enjoys the support of a dedicated and loyal following, with hundreds often cheering on our teams at home games at Miller Park.



# WOMENS RUGBY AT GREEN ISLAND

## **Unleash Your Potential – Join Our Women’s Rugby Team!**

Looking for a way to challenge yourself, make new friends, and be part of an inspiring community? Our Women’s Rugby team is seeking new players – whether you’re a seasoned athlete or trying rugby for the first time, **we want YOU!**

### **Why Rugby?**

**Boost Your Fitness:** Rugby is fast-paced and full of action, helping you improve strength, speed, and overall fitness – all while having a blast.

**Team Spirit:** More than just a sport, rugby is about camaraderie, support, and building lifelong friendships on and off the field.

**Competitive Thrill:** Enjoy exciting matches and test yourself in a fun, challenging environment that encourages personal growth.

**Empowerment:** Push your limits, achieve your goals, and build confidence and resilience in a supportive team setting.

### **New to Rugby? Don’t Worry!**

We welcome players of all skill levels. Our friendly, experienced coaches will guide you every step of the way, providing the training and support you need to succeed.

**Join us and discover what you’re capable of!**



# WOMENS RUGBY AT GREEN ISLAND

At Green Island Rugby Club, we are committed to being a leader in supporting women's rugby, both on and off the field.

Over the past eight seasons, our women's teams have competed in the Dunedin Metropolitan Senior Women's grade for five years and in the Women's Metropolitan Premier Development grade for three years.

Our approach focuses on developing a steady flow of talented young players to build strong, sustainable teams for the future.

Next season, we will compete again in the Women's Premier Development grade, with the long-term goal of advancing into the Premier grade in upcoming seasons.

The club has also run a successful junior girls' program for many years, fielding teams in the Dunedin Sunday Girls Only competition at Under-8, Under-10, and Under-13 levels, and entering teams in the girls' division of the annual Taieri 7s tournament. This program has created a strong pipeline of young female players who are now returning to the club, forming the foundation for many successful years ahead.

Over the last six years, we've seen some exceptionally talented players emerge from our junior program, and we're excited to continue developing these athletes into future representative players who will make a mark both locally and beyond.



# WOMENS RUGBY AT GREEN ISLAND

We've worked hard to establish a strong support network for female rugby players in our community. With dedicated coaches committed to the team for the season ahead, the future looks incredibly bright for women's rugby at Green Island Rugby Club.

Rugby is a game we love and promote as being for everyone, yet at times it can feel unequal. Our coaches, who have led both male and female teams, can honestly say that no less effort or commitment is given to either. Sometimes the limits we see are the limits we know, but if we're brave enough to believe there are no limits, we're moving in the right direction.

Green Island Rugby Club has shown its commitment by building a dedicated changing room and showers for our women's team. The next step is to ensure visiting teams also feel safe, comfortable, and welcome within our environment.

We want to invest in a future where women play with pride and passion for their families, their club, and their community. We aim to nurture players who dream of representing their region, and, ultimately, their country, knowing where it all began.

For generations, young boys have dreamed of becoming All Blacks. It's time to awaken that same dream for our girls: to become a Black Fern or a Sevens sister.

Our hope is that one day, we proudly announce that the next Black Fern has come from Green Island Rugby Club, right here in our province.



# WOMENS RUGBY AT GREEN ISLAND

## **Coaching:**

It is with great pleasure that we can announce the reappointment of Margaret McKenzie as our Women's team head coach for the 2026 season!

Margaret, affectionately known as "Bro", is one of the pioneer players for Otago and remains the team's most-capped player with 86 games after wrapping up her career in 2006

Margaret (Black Ferns # 97) played over 200 games for the Pirates women's side. Starting in 1990 and playing for the club through to 2015. She was a part of the Otago women's side for 24 of those 25 years. She played in the Black Ferns in years 2000 and 2005 gaining 5 caps in the black jersey.

She has since coached with Pirates and Otago Secondary Schools

## **Mentorship:**

We take our role as mentors seriously.

We ensure that the players receive quality coaching on the field.

We provide them with the tools to become more skilled.

We teach them to become more game savvy and more resilient.

We teach them to respect what they have & to embrace team culture.

We integrate them into our club life and local community.

We foster family balance and benevolence.

While we want great players at GI, true success for us is seeing players develop into great players and great people.

Hardworking and uncompromising, highly skilled on the field and yet lovely humble people off it.



# WOMENS RUGBY AT GREEN ISLAND

## **Team Camaraderie:**

What stands out most to our players, and their parents about Green Island Rugby Club is the sense of camaraderie. Here, nobody is above the team, and players form a close-knit, supportive group. While they share a strong bond, they are always welcoming to new teammates, making everyone feel part of the club family.

## **Transport:**

Our club is located only 10 minutes from the city centre. For those players that require a ride, we have a club van that will drop players to/from training's & games.

## **Season...**

Our off-season Conditioning Program kicks off in November,  
Pre-Season Program runs from late January,  
The playing season runs from late March through to July/August.

## **Interested in joining our club? ...**

If you are interested in coming to play Women's Rugby at Green Island, please contact us. (see last page for details)

We'll be happy to run through any questions you may have.

**CLAWS UP!**



# CLUB INFORMATION

Established in 1884 and proudly known as “*The Grizzlies*”, our club wears the colours of green, gold, and black with pride.

Green Island Rugby Football Club is more than just a rugby club we're a community hub with a thriving social membership. Our whānau includes everyone from juniors (13 and under), senior men's and women's teams, coaches, ex-players, families, supporters, sponsors, and committee members all united by a shared love of the game. Most of our members live in Green Island or the surrounding suburbs.

Our club is built on strong core values:

**FAMILY • PRIDE • DISCIPLINE • INTEGRITY • INCLUSIVITY**

We work hard to create a welcoming, family-friendly environment, with events and functions that cater to all ages. Our weekly prizegiving's and community events consistently draw big crowds — no other local club brings the same energy and support.

With over **5,000 followers on Facebook**, we're the most followed community rugby club in Dunedin and Otago. And we're the only club with its very own mascot — *Claws*, our beloved Grizzly Bear!

Our clubhouse is also a key asset to the wider community, hosting everything from weddings and birthdays to funerals and corporate functions.

In recent years, we've invested significantly in upgrading our clubhouse facilities to ensure a top-tier experience for players, members, and the wider community. Improvements include a new commercial grade kitchen, new in-ceiling heat pump systems, complete upgrade to both the Male & Female Toilets, new outdoor seating area, upgraded sound & PA System, Wi-Fi, as well as updating and improving the players changing rooms and installation of a players gym and Live Scrum Machine.



# CLUB INFORMATION

## **Your Club. Your Choice.**

Choosing the right rugby club isn't always easy, especially if you're new to the area or don't know what each club has to offer. If you're like us, you're looking for more than just a team. You want a club that helps you grow your game, build lasting friendships, and become part of something bigger. A club with energy, personality, and a strong social culture.

That's exactly what Green Island RFC delivers — and more.

## **A True Family Club**

We're proud to have a strong family focus and one of the largest junior sections in Otago. Our club is often described as one big extended family, and we take that seriously. Our players are humble, tight-knit, and grounded. We foster strong connections between our senior and junior teams, with top-tier mentorship, regular interaction, and a culture of support that makes us stand out. Put simply, we're the best Club going.

## **Quality Rugby...**

The standard of rugby in Dunedin is excellent, and many players come here to develop their skill and knowledge of the game.

## **Facilities...**

We have excellent playing fields, and all the training equipment one would expect. State of the art Hydraulic scrum machine, tackle bags, sprint ladders, poles, bibs, cones, hit pads, tackle crash mats, players gym.



# CLUB INFORMATION

## A Decade of Triumph....

Over the past decade, Green Island Rugby Club has evolved from a passionate local club into a flagship of New Zealand Rugby. Our journey, driven by vision, determination, and exceptional achievements, reached a significant milestone with our recent recognition by the New Zealand Rugby Football Union (NZRFU).

In 2024, the club was honoured with the prestigious NZRFU NZ Rugby Club of the Year award — an outstanding achievement that reflects our commitment to excellence on and off the field.

Watch: Green Island 2024 Bunnings NZ Rugby Club of the Year

<https://youtu.be/obj4HcFi2M?si=ytPHXkRevaugmsTi>

Additionally, the recent NZRFU video, “The Future of Rugby Clubs: A Plan in Action,” beautifully showcases the essence of our journey and the milestones we've achieved. We invite you to watch it and discover what has defined our path to success:

Watch: The Future of Rugby Clubs, A plan in action

<https://youtu.be/jEO3I5ZmbLQ?si=wCjAXNjbQsTXqN7X>

2024 was a landmark year for Green Island Rugby Club, highlighted by our Premier Men's team achieving a remarkable milestone by winning the 2024 Banner. This victory was not only a testament to our players' skills and dedication but also to the unwavering support of our committee, community, and the strategic vision that has guided us throughout these years.

Watch: 2024 Premier Season Highlights

<https://youtu.be/cwtUIZ08EZ4?si=U6bs7x5E1Gky3qMM>

The Banner victory, along with being awarded NZ Rugby Club of the Year, is the culmination of the relentless dedication from our committee, players, coaches, and supporters. We are honoured to be recognised as a flagship club and are excited for what the future holds.

As we look ahead, we are committed to continuing our legacy and inspiring the next generation of rugby stars.



# CLUB CULTURE

At Green Island Rugby Football Club, our vision is to promote rugby throughout the wider Green Island community, striving for excellence both on and off the field.

We aim to be a club that our players, members, and community can be truly proud of. We're committed to encouraging sporting participation and achievement, while preserving and strengthening our unique club culture..

Our objectives are to be a highly successful rugby club that provides a competitive and an enjoyable club environment for all our players and members, and to future proof our club with professional management, well-resourced teams and a winning attitude.

## Our Core Values:

### Respect:

Members are to respect the coaches, management and committee decisions

### Excellence:

Members are expected not only to meet the clubs code of conduct, but to show through exemplary actions on and off the field that ours is a club to be admired

### Selflessness:

Members are encouraged and expected to act with less concern for themselves than for the success of the joint activities of the club

### Responsibility:

Members are responsible for their own actions and ensuring they reflect the club in a positive manner

### Innovation:

The Club will be innovative in their event hosting and training methods, bringing a refreshing approach to the sport to create growth and develop the sport.

### Inspiration:

Our club has a rich history, and we lean on those members that have tasted success before us to provide inspiration to those that are yet to realise their potential

### Positivity:

The Club is an environment of positivity, each member will be encouraged to perform to the best of their abilities and make a positive contribution to the club in every way

### Commitment:

Members are expected to support each other and do their part for the development of the club - always striving to improve

### Passion:

With the above tenets in place, our club members become enthusiastic loyal stalwarts of the club, whether playing or supporting



# CLUB CULTURE

At Green Island RFC, we pride ourselves on having an outstanding off-field culture that's just as important as what happens on the pitch.

*"What's success? If you get your culture right, then no matter the result, you succeed, because you have a good time, enjoy the experience, and grow."*

Take a moment to think about that: good times, enjoyment, experience, growth these are the cornerstones of a healthy club culture.

We host fantastic social events throughout the season, giving you the chance to connect, relax, and build lasting bonds with teammates all while strengthening our club spirit.

Because at Green Island, rugby is more than a game it's a way to grow, belong, and have a bloody good time doing it.

## Club Functions

There are various events planned throughout the playing season, the highlight being the Annual Lip Sync event.

## Team Events

Management arrange for various team events and functions throughout the season. The focus is on having a bit of fun.



# INNOVATION

## State-of-the-Art Live Scrum Machine

Green Island RFC is proud to be one of the few clubs equipped with a **Silver Fern Live Scrum Machine**, housed in an **all-weather training room** with **artificial turf**.

Powered by **pneumatic rams**, the Live Scrum machine **accurately simulates the pressure and instability of an opposition scrum** including lateral movement. This realism allows players to experience match-like conditions in a controlled environment.

Key features include:

**Adjustable pressure settings** to suit individual or team needs

**Instant feedback** through pressure gauges, helping identify strengths, discrepancies, and areas for improvement

Demonstrated **power gains of up to 25%** in a single session

**Safe, measurable, and repeatable** scrum training

**User-friendly** operation, just a switch and a dial, and you're ready

This cutting-edge equipment allows our forwards to **train smarter, improve faster, and scrum stronger**

Watch Video Here:

<https://youtu.be/qpOixbpffR8?si=5n5397vtbC0tbcCt>



**SILVER FERN**

**LIVE SCRUM**

# INNOVATION

## **Vevo Camera**

### **Smart Video Analysis for Smarter Rugby**

Green Island RFC uses the **Vevo Camera**, the world's first **portable AI-powered sports camera**, to elevate how we record, review, and analyse games and trainings.

With **automatic live streaming** via the **Vevo Live App**, we can broadcast matches in real time — no camera operator needed. Vevo captures a **full-pitch view**, allowing coaches and players to review footage just like watching a professional broadcast.

Key features include:

**Automatic highlights** of tries, conversions, lineouts, scrums, and penalty kicks

**Advanced analysis tools** to break down every movement and decision

Easy sharing of footage for feedback, player development, and club promotion

A powerful tool to help coaches **save time**, and players **reach their full potential**

With Vevo, we bring professional-level insight to grassroots rugby giving our teams every opportunity to grow, improve, and celebrate their best moments.



**vevo**

# SUMMARY

- ▶ Join a Club On The Rise!
- ▶ Quality Coaching & Management.
- ▶ Passion for Player Development.
- ▶ First Class Training & Fitness Programs.
- ▶ Excellent Technology & Club Facility's.
- ▶ Dedicated Women's Changing Room & Showers.
- ▶ We Can Help You Reach Your Rugby Goals.
- ▶ FREE Shuttle To Training & Fixtures.
- ▶ FREE Club Gym With 24hr Access.
- ▶ FREE Physiotherapy Treatment of Rugby Injury's at SportsMed Mosgiel. I.e. No ACC Levy charge for registered Green Island Players.
- ▶ Thursday Evening Club Meals After Training.
- ▶ Exciting Social Events Calendar.
- ▶ Family Values & Culture, Otago's #1 Community Club.
- ▶ Best Community Support!
- ▶ **Come join us at Green Island RFC where rugby meets whānau, and footy is more than just a game.**



For more info check out our website

[www.girugby.co.nz](http://www.girugby.co.nz)

or

Look us up on



Facebook



Instagram



YouTube



## CONTACT DETAILS

Margaret McKenzie – 021 556 150  
Women's Team Head Coach

Women's Team Managers  
Heather Barton – 027 289 2726  
Kim Grant – 021 111 0819

Brendon Hollows – 027 454 3900  
Club Chairman, Recruitment

Email:  
[greenislandrugby@gmail.com](mailto:greenislandrugby@gmail.com)