



**Presbyterian
Support**
Upper South Island

Tuning in to Teens™

DATE, TIME & LOCATION*

Date: Wednesday's between
7th May - 11th June

Time: 6pm - 8.30pm

Location: Te Korowai,
44 Bealey Ave
Christchurch

REGISTRATION

Email: alishad@psusi.org.nz

Phone: 0800 477 874

NB: Changes can occur depending
on registration numbers.

* *Spaces are limited, however, you can request to
be placed on the waitlist*

COURSE DETAILS

Parents and carers learn emotion
coaching skills for use with young
people aged 10-18 years.

- » Focus on developmental needs
of teenagers
- » Integrates greater focus on
acceptance and empathy
- » Improved parent/teen
relationships and adolescent
mental health