

Purea nei

**Purea nei e te hau
Horoia e te ua**

Cleansed by the wind
washed by the rain

**Whitiwhitia e te rā
Mahea ake ngā pōraruraru
Makere ana ngā here**

and warmed by the sun,
all troubles are cleared away
and all restraints got rid of.

**E rere wairua, e rere
Ki ngā ao o te rangi**

Fly O free spirit, fly
to the clouds in the heavens

**Whitiwhitia, e te rā
Mahea ake ngā pōraruraru
Makere ana ngā here,
Makere ana ngā here**

warmed by the sun,
with all troubles cleared away
all restraints got rid of,
all restrictions cast aside.

Nā John Tāpine mā i waiata