



A ROTARY CLUB OF GARDEN CITY PROJECT

2025 McDONALD'S® YOUTH DUATHLON



SUNDAY 6TH APRIL
SOUTH HAGLEY PARK, CHRISTCHURCH

7 - 10 YEARS:

RUN 1KM
CYCLE 4KM
RUN 500M

11 - 15 YEARS:

RUN 2KM
CYCLE 4KM
RUN 1KM

WWW.MCDONALDSDUATHLON.CO.NZ



Paul Duggan & Associates Limited
Chartered Accountants



landscapes

THE EVENT

The McDonald's 2025 Youth Duathlon is organised by the Rotary Club of Garden City Christchurch, to promote the development of healthy, fun-loving and well-adjusted young people.

This run and cycle event is held at South Hagley Park from beside the Netball Centre, for individuals aged 7 to 15 years, with the emphasis more on participation than competition.

Distances

7 to 10 year olds: Run 1km - Cycle 4km - Run 500m.

11 to 15 year olds: Run 2km - Cycle 4km - Run 1km

Entrants will compete in one year age groups.

Certificates, Medals, Gift Packs & Prizes

Each registered entrant who takes part receives a Certificate of Completion together with a Competition Medal, T-Shirt and Gift Pack of sponsors' products.

In the spirit of participation, not competition, prizes are not provided for place-getters, but Spot Prizes are drawn for two mountain bikes and helmets.

Race Day Timetable

Transition area opens	7.30am
Transition area closes	8.30am
Race briefing	8.40am
Race starts	9.00am



Online Entries

Register for this event online:

www.mcdonaldsduathlon.co.nz

The deadline for entries is Friday 28th March 2025.

Entries are limited and are accepted as they are received.



Enquiries

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www.mcdonaldsduathlon.co.nz

