Online safety starters – Tweens (10-13)

We've put together some ideas to help you with online safety conversations, along with resources to help build your online safety knowledge. Use your judgement to choose the topics that are most relevant for your child. For more online safety advice visit www.netsafe.org.nz

Managing Time Online

Questions: How do you spend your time online? How would you tell if you were spending too much time online? If you wanted to spend less time online, how would you do this?

Resources: www.netsafe.org.nz/time-online/

Online Bullying

Questions: What do you think online bullying is? What's the difference between bullying and joking around? What advice would you give to a friend who was being bullied online?

Resources: www.netsafe.org.nz/youth-bullying and www.netsafe.org.nz/banter-vs-bullying

Social Media vs Reality

Questions: Do you think social media shows what people's everyday lives are like? How would you be able to tell if someone is getting paid to promote content on social media?

Resources: www.netsafe.org.nz/social-media-vs-reality/

Catfishing

Questions: Do you know what catfishing is? Do you think it's easy to pretend to be someone else online? How would you be able to tell if someone really is who they say they are online?

Resources: www.netsafe.org.nz/catfish/

Online Pornography

Questions: What would you do if a friend or someone else was pressuring you to look at pornography online? What would you do if you saw pornography online that upset you?

Resources: www.netsafe.org.nz/porn-advice-parents

Sending Nudes
(if appropriate – think about your child's age & stage)

Questions: How common do you think sending nudes is? What are the risks with sending nudes? If you were pressured to send nudes you didn't want to, how would you say no?

Resources: www.netsafe.org.nz/dont-be-a-nick and www.netsafe.org.nz/sending-nudes-parents

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