

FEED MY FAMILY SEMINARS



Learn how to feed and nourish your family well in a hectic world; without pulling your hair out. Learn how to manage fussy eaters and dinnertime battles, eating for growth/sport and what/how to feed your family. Jennifer Douglas is a Paediatric dietitian and specialises in family nutrition, food allergy and gut health. She has over 14 years' experience of working with children and families to improve health with good nutrition.

Dates:

- Wednesday 27th November 2019 at 7.30pm
- Wednesday 12th February 2020 at 7.30pm

Location: Regus Centre, First Floor Harvest Court Mall, 218 George Street, Dunedin.

Tickets: Pre-sale tickets from EVENTFINDA are \$25 for a single and \$40 for a double. Tickets at the door are \$30 for a single and \$50 for a double. Tickets are limited, so be in quick!

Web: www.jumpstartnutrition.co.nz/seminars

Facebook: www.facebook.com/JenniferDouglasDietitian/

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