## SENSE RUGBY

SENSE RUGBY IS A RUGBY BASED OCCUPATIONAL THERAPY PROGRAM DESIGNED TO HELP TAMARIKI & RANGATAHI WHO USUALLY FIND IT DIFFICULT TO BE PART OF A SPORTS TEAM



Does your child need a supported opportunity to:

- Develop their confidence and self-esteem
- Find a regular activity that can be their own
- Find a way to get the movement they seek in an appropriate environment
- Make friends
- Learn how to follow instructions, wait their turn and be part of a group
- Improve their motor skills
- Improve their ability to self-regulate & most importantly have fun...

Then come and join our Sense Rugby Dunedin Team!

Email Gemma at: gemma@senserugby.co.nz to sign up to one of groups now! To find out more check us out at: senserugby.com.au

## July School Holiday Programme

Week 1: 11th July -15th July

## Time: 10am-1pm daily

Please note your child will attend for a one hour session every day within this block

Location: Pirates Rugby Club, Dunedin

**Cost: Free** 

